

## Keep Kids Safe Seminar Free for all Kaiser Permanente Members

Learn many ways to keep kids safe emotionally and physically.

Join us for refreshments and the viewing of **Resilience** by James Redford. Resilience chronicles the dawn of a movement determined to fight back against emotional childhood stressors. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the effects of toxic stress.

Guest speakers from the Child Abuse Prevention Council of Contra Costa County and Dina Altshuler, PsyD Child and Family Team, from Kaiser Permanente Walnut Creek discuss resources and removing the stigma regarding mental health.

## All Kaiser Permanente Members welcome!

Date: May 30, 2017 Time: 6:00-8:30pm

Location: Kaiser Permanente Walnut Creek Conference Room Oak 1, 3<sup>rd</sup> Floor 1425 South Main Street Walnut Creek, CA 94596

Please RSVP by May 23<sup>rd</sup> by calling: 925-295-5425



