For more information, please call (925) 798-0546 or visit our website www.capc-coco.org

2016-2017 Community Report

It Shouldn’t Hurt To Be A Child!
Dear friends,

Thank you so much for the support you have shown this year and in years past. The Child Abuse Prevention Council of Contra Costa County (CAPC) is committed to reducing child abuse and neglect as well as helping families navigate the many pitfalls and obstacles on their parenting path. Our programs and services break the cycle of family violence and replace it with positive parenting skills.

In 2016/2017 was a busy year for CAPC. With support from the State Office of Child Abuse Prevention, CAPC is leading a broad Bay Area effort to raise awareness of the Five Protective Factors which are the foundation of the Strengthening Families Approach. When adopted, these factors help support and stabilize vulnerable families and reduce the risk of child abuse and neglect. Your continued support has helped expand our Speak Up Be Safe child safety program into Richmond and Concord schools. Our Nurturing Parenting Program is reaching more and more at risk families with positive parenting education, and CAPC is now working with parents who have children with special needs.

Over 14,000 Surviving Parenthood Resource Directories were distributed to Contra Costa residents. CAPC’s services and resources are provided in English and Spanish and almost all are provided at no cost to the communities we serve. Our Sue Fleishner Special Needs Fund serves families who are isolated and in need of critical resources (such as diapers, strollers and safe sleep environments) to lessen the stress on families and keep kids safe. This year, we also supported Assemblywoman Baker’s bill AB 133 to support children who are the victims of severe sexual crimes.

Child abuse is 100% preventable, and we are doing important work to make this ideal a reality. Please donate today.

Your gift will directly benefit a child in need. A gift of any amount will make a measurable difference in the life of an at-risk child. For example, every $2,000 raised supports an at-risk family in our parent education program for 6 months of life changing positive parenting skills. A $40,000 gift of any amount will make a measurable difference in the life of an at-risk child. For example, every $40,000 raised supports an at-risk family in our parent education program for 6 months of life changing positive parenting skills.

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The holidays are such an important time for families and we ask for your help in supporting our work to heal families and improve the lives of children in Contra Costa.

Wishing you a peaceful holiday season,

Carol Carrillo, MSW  Executive Director
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Carol Carrillo
Executive Director
A father doesn’t give up

“Manuel’s is one of the many success stories that impacted Nurturing Parenting Program (NPP) staff. He is a single dad of a 4 year old boy. His son was removed from his care due to domestic violence, but Manuel did not give up.

In July 2017, he started attending NPP classes and at the end of the first session, Manuel and NPP supervisor, Maggie Velasco, discussed his experience with the program. He said he learned new skills and to see life in a different way and explored the possibility of enrolling in the program for a second time. Maggie reviewed his progress, validated his efforts, and helped him focus on his identified goals. Manuel reenrolled and never missed a class...”

~Maggie Velasco

Read the full story:
cape-costa.org/success-stories/a-father-doesn-t-give-up/

We need your help!
Together we can change the numbers.

At the Child Abuse Prevention Council, we believe child abuse is preventable. We work everyday to support and educate kids, parents, and all those who work with children to make sure every child in Contra Costa County is safe.

In Contra Costa County, the cost of child abuse per victim over the course of his/her lifetime is:

$307,345

The link to The Cost of Child Abuse Report is: https://www.capecostacountyca.gov/sites/201604_EconomicCostOfAbuseContraCosta.pdf
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2016-2017 Child Abuse Overview

36.7% of Contra Costa County families have children

90% of victims know their abusers

16.6% of child abuse cases involve physical abuse

1 in 4 children will experience some form of child abuse

53.1% of child abuse cases are general neglect

4.3% of child abuse cases involve some form of sexual abuse

1,095 of all child abuse reports were confirmed

345 complaints were made to child abuse hotlines in Contra Costa County
BREAK THE CYCLE: Reach Out if YOU need support. Call a friend, hotline, or a prevention center if you need help.

Individual Donors
- Charles Wolfman
- Deann Yanes
- Ping Ling Yang
- Dasja Yocis

Corporate / Nonprofit / Gov't
- Individual Donors
- Contra Costa County Family & Children Services
- Bank of America
- Dean & Margaret Lesher Foundation
- Help For Children
- America Employee Giving Campaign
- San Ramon Regional Medical Center
- Aide Foundation KidCents
- James and Kelly Bitzer
- Scott Barca
- John Castiglioni
- Marilyn & Rick Fowler
- Alyn Goldsmith
- Michelle Indelicato
- Theresa Harrington
- Carly Osmonson
- Sia McDonald
- Emily Stoddard
- Herbert & Katherine Senti
- Tijendrakumar & Shadhata Patel
- Marilyn E. Hill
- Loma Lee
- Mary Sparta
- Kristina Tudu
- Robert Wilson
- Emily Mohr
- Sarah Ashcraft
- Katie Pavone
- Alura Williams
- David Davila
- Ashley N. Berg
- Kristine Johnson
- Joyce Williams
- Jessica McCrory

CANCER Programs:
- Baby Bag Program
- Community Education & Mandated Reporter Training
- Nurturing Parenting & Special Needs Programs
- Speak Up Be Safe Program
- Surviving Parenthood Resource Directory
- Parent Partners & Youth Programs
- Sue Fletcher Special Needs Fund

KEEPING KIDS SAFE:
- RECOGNIZE CHILD ABUSE: PHYSICAL ABUSE: Beating, shaking, burning, or suffocating a child; causing injury to a child; or putting a child in a situation that causes injury. PHYSICAL NEGLECT: Not providing child adequate food, clothing, shelter, or supervision to severely endangering child's health. SEXUAL ABUSE: Victimization of a child through sexual activities, including masturbation, indecent exposure, fornication, rape, pornography, sexual performance, sexual penetration, and sexual relations with a child. EMOOTIONAL ABUSE: Crying, yelling, screaming, or shouting at a child in a way that makes the child feel bad about themselves. EXPLOITATION: Forcing or coercing a child into activities beyond child's capabilities or that are illegal or degrading, including child sexual exploitation.

BREAK THE CYCLE:
- Reach Out IF YOU need support. Call a friend, hotline, or a prevention organization such as CAPC at (920) 758-0546.
- Reach Out IF OTHERS need support. Listen, offer to help with chores or childcare, or connect them with a local resource.
- Reach Out to the COMMUNITY. Volunteer time at an organization. Donate. Learn about preventing child abuse & neglect. Wear the Blue Ribbon.

WAYS TO DONATE:
- KidsSafe Supporter: Shop online at KidCents.Ritaesfd.com or smile.Amazon.com
- KidsSafe Promoter: Give in-kind donations & sponsor events at capc-cocs.org/events
- KidsSafe Champion: Make monetary donations online at capc-cocs.org/donate
BREAK THE CYCLE: Reach Out if YOU need support. Call a friend, hotline, or a prevention program. Find someone to talk to and take the first step towards healing.

Keeping Kids Safe: Recognize Child Abuse:

- PHYSICAL ABUSE: Bodily injury inflicted non-accidentally on a child by a parent or someone in a position of trust, resulting in physical harm or psychological trauma.
- SEXUAL ABUSE: Sexual activity that is sexually exploitative and consensual.
- EMOTIONAL ABUSE: Repeated emotional hurt, intimidation, or humiliation of a child.
- NEGLECT: Not providing child appropriate care, i.e., food, shelter, supervision or in severe endangering the child’s health.

WAYS TO DONATE:
- ChildSafe Supporter: Shop online at KidCentra.Ritaaeid.com or smile.amazon.com.
- KidsSafe Promoter: Give in-kind donations & sponsor events at capc-coc.org/events.
- KidsSafe Champion: Make monetary donations online at capc-coc.org/donate.
You Can Prevent Child Abuse
#GiveToSpecialNeedsKids on #GivingTuesday Nov. 28th

For more information, please call (925) 798-0546 or visit our website www.capc-coco.org

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Please donate on Nov 28 or make your tax-deductible donation anytime of year!

Thank You!

Child Abuse Prevention Council of Contra Costa County
2120 Diamond Blvd., Ste.120
Concord, CA 94520

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