

## Emergency Resources for the Community

<https://cccc.myresourcedirectory.com> Our Lawyer Referral & Information Service is OPEN FOR BUSINESS!

We have provided many links to information and updates regarding the changes to rules and laws due to the COVID-19 pandemic, which are required by the federal, state, county, and city governments. These changes can be overwhelming and difficult to understand. If you have questions, or need clarification about your obligations, we can schedule a consultation for you with an attorney who can help you navigate this maze.

*Our staff is working from home to help you. You may contact the us by calling us at (925) 825-5700 or filling out our [online request form](https://www.cccba.org/iris-online-request-form/) (<https://www.cccba.org/iris-online-request-form/>). For more information about the LRIS programs, click the "Find a Lawyer" button at the top of this page.*

We hope you all stay safe at home and stay calm.

### COVID-19 PANDEMIC

#### Contra Costa Health Services

Coronavirus Call Center: (844) 729-8410  
Open Daily from 8 a.m. - 5 p.m.  
Abierto diariamente de 8 a.m. - 5 p.m.

By-Appointment Drive-Through Testing - anyone living in Contra Costa County can get a test for COVID-19: CALL (844) 421-0804  
Open Daily from 8 a.m. - 3:30 p.m.  
Abierto diariamente de 8 a.m. - 3:30 p.m.

COVID-19 Contra Costa County,  
(<https://www.coronavirus.cchealth.org>)

#### Contra Costa Health Services Frequently Asked Questions

- \* Updated Social Distancing Order
- \* Safer Social Interactions
- \* COVID-19 Testing
- \* Health Concerns
- \* Order Addressing Face Coverings
- \* Persons Experiencing Homelessness
- \* Eviction and Rent Freeze Ordinance

FAQs  
(<https://www.coronavirus.cchealth.org/frequently-asked-questions>)

#### In Conversation with CCC Supervisor Candace Andersen:

The 100th Anniversary of the 19th Amendment & Contra Costa County's Response to the COVID19 Pandemic

Recorded June 17, 2020

[Meeting Recording](https://youtu.be/dFDWhRHZgFA)  
(<https://youtu.be/dFDWhRHZgFA>)

#### Community Clinic Consortium

Food  
Health Care  
Education  
Financial  
Immigrants  
Internet & Phone  
Other Free or Low Cost Resources  
Senior Hours at Grocery Stores

[Resources in Contra Costa County to Provide Aid During COVID - 19](https://clinicconsortium.org/covid-resources-in-contra-costa-county/)  
(<https://clinicconsortium.org/covid-resources-in-contra-costa-county/>)

#### CA.GOV California Coronavirus (COVID-19) Response

For all current information on the Coronavirus provided by the State of California go to their website.

Your actions save lives  
People can spread the virus even if they never have symptoms.  
Stay home except for essential needs. If you go out, stay 6 feet away from others and wear a cloth mask. Wash your hands.

[State of California Official Coronavirus Website](https://covid19.ca.gov)  
(<https://covid19.ca.gov>)

#### California 7th District Senator Steve Glazer Town Halls

Listen to a series of Telephone Town Halls with Senator Glazer who convened Bay area leaders and experts in health, education, business and other fields to answer questions about the Coronavirus and its impact on our community. Topics include:  
\* Unemployment Help  
\* Grocery & Pharmacy Shopping

[Senator Glazer Town Halls - past & upcoming](https://sd07.senate.ca.gov/covid19/telephone-town-hall)  
(<https://sd07.senate.ca.gov/covid19/telephone-town-hall>)

#### California State Assembly COVID-19 Resources

A webpage to assist small businesses, entrepreneurs, workers, and economic and workforce development professionals in responding to COVID-19 challenges.

>Federal and State Government Resources

>Resources to Help Businesses Maintain Their Operations

>Employer Guidance from California Labor Agency

>Employer Guidance from the Federal Government

>Resources Available to Employees

[COVID-19-resources](https://ajed.assembly.ca.gov/content/covid-19-resources)  
(<https://ajed.assembly.ca.gov/content/covid-19-resources>)

#### Contra Costa County

County Department Closures - As the county continues to respond to the COVID-19 pandemic, many non-essential county functions from across departments have been temporarily suspended to comply with the Bay Area-wide Shelter in Place Order. Find a list of closures and service modifications for County Departments, as well as, "Resources for Impacted Businesses" and "Nutrition Assistance".

[Contra Costa County Department Closures](https://www.contracosta.ca.gov/7775/County-Department-Closures)  
(<https://www.contracosta.ca.gov/7775/County-Department-Closures>)

#### Superior Court of California Contra Costa County

ALL COURT LOCATIONS ARE OPEN TO THE PUBLIC AS OF MAY 26, 2020.

Social Distancing instructions and Emergency Rules are available on the court website.

[Court Website](http://cc-courts.org/default.aspx) (<http://cc-courts.org/default.aspx>)

#### California Employment Development Department

Find information for:

The EDD provides a variety of support services to individuals affected by COVID-19 in California. Disability or Paid Family Leave Benefits; Unemployment Benefits; Employer Information.

[California EDD](https://edd.ca.gov/about_edd/coronavirus)  
([https://edd.ca.gov/about\\_edd/coronavirus](https://edd.ca.gov/about_edd/coronavirus))

#### California Employers Association FACT SHEET

Information for California employers wondering what their workplace obligations are in the wake of the Coronavirus outbreak (COVID-19).

[Corona Virus FAQs for California Employers](https://www.employers.org/clientuploads/hr_forms/CoronaFAQs.pdf)  
([https://www.employers.org/clientuploads/hr\\_forms/CoronaFAQs.pdf](https://www.employers.org/clientuploads/hr_forms/CoronaFAQs.pdf))

#### The California Lawyers Association PUBLIC RESOURCES COVID-19

Navigating COVID-19 Issues -The CLA prepared educational videos for the public covering Employer Concerns; Employee Health & Safety; Employee Leave Laws; Employee Benefits; General Information about Custody &

2019.htm).

## COVID-19 GUIDANCE FOR IMMIGRANT CALIFORNIANS

This guide provides tips about services, including public benefits, that are available to immigrant Californians, including some that are available regardless of immigration status. Other helpful information may be found at IMMIGRANTGUIDE.CA.GOV.

[Immigrant Guide](http://www.cityofconcord.org/DocumentCenter/View/4593/ENG_COVID-19-Guide)

[http://www.cityofconcord.org/DocumentCenter/View/4593/ENG\\_COVID-19-Guide](http://www.cityofconcord.org/DocumentCenter/View/4593/ENG_COVID-19-Guide)

[Immigration-](https://www.cityofconcord.org/DocumentCenter/View/4593/ENG_COVID-19-Guide)

[Guidance\\_SimplePrint\\_Digital?](https://www.cityofconcord.org/DocumentCenter/View/4593/ENG_COVID-19-Guide)

## CDC Centers for Disease Control and Prevention

Taking Care of Your Emotional Health

The outbreak of coronavirus disease 2019 (COVID-19), may be stressful for people and communities. Learn more about coping during COVID-19.

[Learn more about coping during COVID-19.](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html)

[https://www.cdc.gov/coronavirus/2019-](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html)

[ncov/prepare/managing-stress-](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html)

[anxiety.html?](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html)

[CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html)

[ncov%2Fabout%2F coping.html\)](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html)

## STAND! for Families Free of Violence

STAND! continues to help individuals & families dealing with Domestic Violence. While their offices are closed, STAND is still helping individuals via their phone support line: 1-888-215-5555. Call any time to access safety and support.

[STAND! \(http://www.standffov.org\)](http://www.standffov.org)

## California Disaster Legal Services

Free legal help for survivors of California disasters, and resources for volunteers, provided by trusted California nonprofit legal aid providers. Now available: Will Assistance for Emergency Responders (WAFER) and individuals working in healthcare facilities.

[California Disaster Survivor Resources](https://disasterlegalservicesca.org)

<https://disasterlegalservicesca.org>

).

## Relief Funds for Undocumented Workers in California

UPDATE MAY 18, 2020: California has published the list of nonprofit organizations that will be processing applications for "Disaster Relief Assistance for Immigrants" (the program announced by Governor Newsom that will provide \$500 per adult, or up to \$1,000 per household for certain eligible applicants).

[FAQs](https://cdss.ca.gov/inforesources/immigration/covid-19-grant)

[https://cdss.ca.gov/inforesources/immigration/covid-](https://cdss.ca.gov/inforesources/immigration/covid-19-grant)

[19-grant](https://cdss.ca.gov/inforesources/immigration/covid-19-grant)

## U.S. Department of Labor EMPLOYEE RIGHTS

Families First Coronavirus Response Act Notice – Frequently Asked Questions

The Families First Coronavirus Response Act (FFCRA or Act) requires certain employers to provide their employees with paid sick leave and expanded family and medical leave for specified reasons related to COVID-19. These provisions will apply from April 1, 2020 through December 31, 2020.

[FAQs](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WHI422_Non-Federal.pdf)

[https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA-](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WHI422_Non-Federal.pdf)

[poster-questions\)](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WHI422_Non-Federal.pdf)

## Friendship Line for Seniors

Institute on Aging's 24-hour toll-free Friendship Line is the only accredited crisis line in the country for people aged 60 years and older, and adults living with disabilities. Their trained volunteers specialize in offering a caring ear and having a friendly conversation with depressed older adults.

The Friendship Line is both a crisis intervention hotline and a warm line for non-emergency emotional support calls.

CALL TOLL FREE 800-971-0016

[Institute on Aging](https://www.ioaging.org/services/all-inclusive-health-care/friendship-line)

[https://www.ioaging.org/services/all-](https://www.ioaging.org/services/all-inclusive-health-care/friendship-line)

[inclusive-health-care/friendship-](https://www.ioaging.org/services/all-inclusive-health-care/friendship-line)

[line\)](https://www.ioaging.org/services/all-inclusive-health-care/friendship-line)

## CORONAVIRUS RUMORS OR REAL? Get the facts.

FEMA is providing information to help the public distinguish between rumors and facts regarding the response to coronavirus (COVID-19) pandemic.

[Stop the spread of rumors](https://www.fema.gov/coronavirus/rumor-control)

[https://www.fema.gov/coronavirus/rumor-](https://www.fema.gov/coronavirus/rumor-control)

[control\)](https://www.fema.gov/coronavirus/rumor-control)

## Disaster Resources - National and other states

Items of national interest (or that apply to other states) will be posted at the National Disaster Legal Aid website (administered by Pro Bono Net).

[National Resources](https://www.disasterlegalaid.org)

[https://www.disasterlegalaid.org\)](https://www.disasterlegalaid.org)

## U.S. Department of Labor's Wage and Hour Division (WHD)

The U.S. Department of Labor's Wage and Hour Division (WHD) has the authority to investigate and enforce compliance with the FFCRA. Employers may not discharge, discipline, or otherwise discriminate against any employee who lawfully takes paid sick leave or expanded family and medical leave under the FFCRA, files a complaint, or institutes a proceeding under or related to this Act. Employers in violation of the provisions of the FFCRA will be subject to penalties and enforcement by WHD.

[Families First Coronavirus](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WHI422_Non-Federal.pdf)

[Response Act \(FFCRA or Act\).](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WHI422_Non-Federal.pdf)

[https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA\\_Poster\\_WHI422\\_Non-](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WHI422_Non-Federal.pdf)

[Federal.pdf\)](https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WHI422_Non-Federal.pdf)

## PREPARE FOR PUBLIC HEALTH EMERGENCIES

Listos California helps individuals, families and communities prepare for disasters like wildfires, earthquakes and floods. We also help Californians respond to COVID-19. When we all do our part, we keep more people safe. Other helpful information may be found at LISTOSCASCALIFORNIA.ORG.

[Tip Sheet](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[http://www.cityofconcord.org/DocumentCenter/View/4590/English-](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[SimplePrint-Digital--Listos-](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[California-Tip-Sheets-for-Public-](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

[Health-Emergencies?bidId=](http://www.cityofconcord.org/DocumentCenter/View/4590/English-SimplePrint-Digital--Listos-California-Tip-Sheets-for-Public-Health-Emergencies?bidId=)

Spousal Support; Overview of California's Eviction Moratorium; and other timely topics.

## Nonprofit COVID-19 Issues California State Treasurer Fiona Ma's Small Business Resource List (#videos)

Summaries of and contact information for federal, state, local, private, and nonprofit programs available to small businesses. Updated regularly.

[Small Business Resource List](https://docs.google.com/spreadsheets/d/1tYNAY1UPetQY/edit#gid=0)

[https://docs.google.com/spreadsheets/d/1tYNAY-](https://docs.google.com/spreadsheets/d/1tYNAY1UPetQY/edit#gid=0)

[1UPetQY/edit#gid=0.\)](https://docs.google.com/spreadsheets/d/1tYNAY1UPetQY/edit#gid=0)

## Shelter Inc. - COVID-19 Hotline for Tenants

The hotline serves community members affected by the COVID-19 virus.

CALL 925-349-0571

Available assistance: Payment of past due rent, payment of current month's rent, payment of future months' rent, payment of outstanding utility bills, funds for food and necessities, funds for short-term emergency housing, referrals to other services.

[More information](https://shelterinc.org/programs/covid-19-hotline.html)

[https://shelterinc.org/programs/covid-](https://shelterinc.org/programs/covid-19-hotline.html)

[19-hotline.html\)](https://shelterinc.org/programs/covid-19-hotline.html)

## 2-1-1 Contra Costa Database

Community resource specialists who will help you find services and resources that are available to you. They make finding help easier.

Can't find what you're looking for in their website guide. ? Dial 2-1-1 or text HOPE to 20121 to reach a live representative.

[Local Resource Guide](https://cccc.myresourcedirectory.com)

[https://cccc.myresourcedirectory.com\)](https://cccc.myresourcedirectory.com)