

Community Report 2020-2021



Believe

It Shouldn't Hurt to be a Child

Message From the Executive Director

DEAR FRIENDS,

The holidays are upon us! Soon we will be putting up Christmas trees, celebrating Hannukah with displays of lights and remembering the spirit of Kwanzaa. With more and more people protected from the Covid virus, families are looking forward to spending their holidays safely together.

The Child Abuse Prevention Council (CAPC) wants to celebrate too. CAPC has spent the past year working to support families throughout Contra Costa County. Building strong, healthy families is at the heart of CAPC's role in our community. Whether its through our **Speak Up Be Safe** school-based effort to educate kids or through our **Nurturing Parenting** parent education programs supporting at-risk parents, CAPC works to build communities with confident, supported families. For over 35 years CAPC's mandated reporter training program has been educating teachers/school staff and all those working with children about the importance of identifying child maltreatment. **Parent Partners/ Youth Partners with lived experiences** work with our families from a strength based, supportive approach breaking the cycle of child abuse. Our **Surviving Parenthood** Resource Directory, now in its 15th Edition, continues to be a go-to catalog of valuable community services. And at the center of it all are folks like you, eager to see the best and happiest future for parents/caretakers and kids. Child abuse prevention is an enduring effort, always needed to support families and communities. The Child Abuse Prevention Council will be there to meet that challenge.

Thank you for all the support you have given us over the past year. Please take a careful look at this year's Community Report and see just what an impact CAPC has had on the families, neighborhoods and schools of Contra Costa County. And please remember CAPC on your holiday list this year-as always, we welcome you as our partner. You CAN be a part of the solution.



Wishing you peace this holiday season!

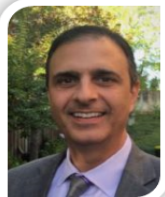
A handwritten signature in blue ink that reads "Carol Carrillo". The script is fluid and cursive.

Carol Carrillo, MSW
Executive Director, CAPC

Messages From Our Board of Directors

I am always impressed with the significant impact CAPC has in many areas of our community. I personally have heard from my own and other children who have participated in the Speak Up Be Safe Program that they have used tools provided in these workshops to speak up when they have concerns for their safety.

-Mark W. Gundacker, Former CAPC Board President/ Board Member



"Serving on the board gives me the opportunity to support our community, meet incredible parents, partners, volunteers, and help educate kids to have the best and safest childhood possible."

-Bruno Cecaelli, CAPC Board President

2020-2021 Board of Directors

The Child Abuse Prevention Council is governed by a 12 to 15 person Board of Directors composed of volunteer community members who are dedicated to the prevention of child abuse in Contra Costa County.

EXECUTIVE COMMITTEE

President: Bruno Ceccarelli
Union Bank

Vice President: Scott Barca
Business Owner/Entrepreneur

Treasurer: Rex Dunn
Retired, Chevron Executive

Secretary: Shannon Blankenship
Community Member/Parent

DIRECTORS:

- Angelina Burke, MD Physician
Kaiser Permanente
- Dr. Lynna McPatter-Harris
Director of Student Support, Equity & Inclusion Acalanes Union High School District
- Jim Carpenter, MD, MPH
Child Abuse Pediatrician Contra Costa Health Services
- Leigh Pierson-Brown, RN, CPNP, MPH
Contra Costa Health Services
- Mark W. Gundacker
MetroMile, HR Director
- Scott Cunnane
Contra Costa District Attorney

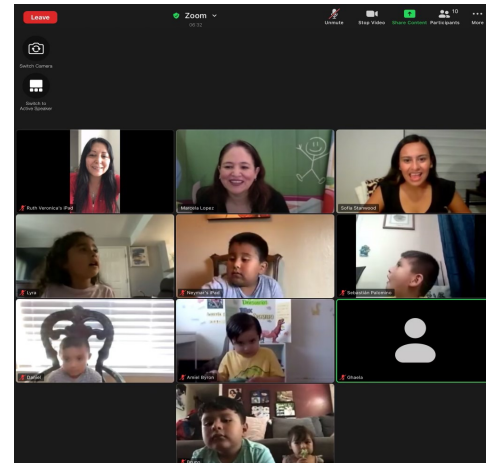
CAPC Leadership/Partnerships

Innovative Partnerships

- » CAPC leads a collaboration between the State Office of Child Abuse Prevention (OCAP) and The Greater Bay Area Child Abuse Prevention Council Coalition to improve child abuse prevention outcomes and create prevention networks in our communities.

Prevention Planning

- » With support from the State Office of Child Abuse Prevention (OCAP) CAPC is leading the efforts to create a child abuse and family well-being county wide prevention plan.

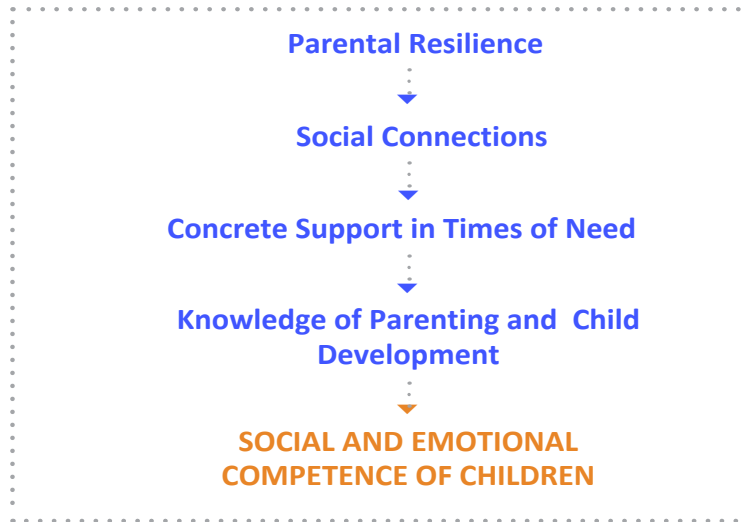


West County
Nurturing Parenting
Program, Food
Distribution Program



Nurturing Parenting Program quotes (NPP)

Families thrive when the **Protective Factors** are robust in their lives and communities. All of CAPC programs and services are built around the **PROTECTIVE FACTORS FRAMEWORK:**



• “This class help me so much with my three children. It has especially helped me with my child who has Down Syndrome. I have learned better ways to identify his needs. These classes give us a lot of tips to be better parents while raising our children.”

• “I have learned how to treat my children with special needs better. I will pass the word to my family and my community, so they can understand the needs of these children. I also learned that I have to take care of myself first to take better care of others.”

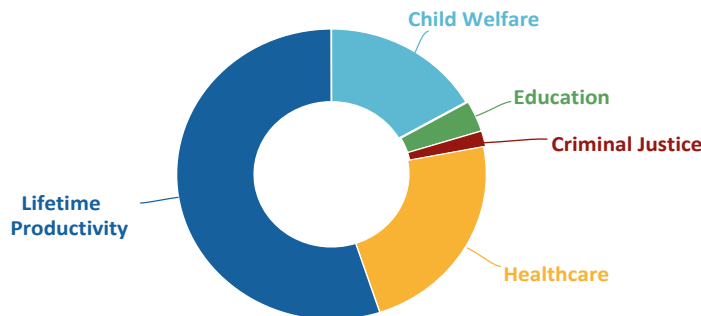
• “I learned how to control my uncomfortable emotions, to have more patience with my daughters, and how to deal and get ahead with everyday problems. I also have learned from other mom’s experiences. Thank you so much for having this important program.”



2020-2021 The Economics of Abuse Report:

The Financial Impacts of Child Abuse

The cumulative financial impact to Contra Costa County for the **720** verified survivors of maltreatment in 2020 is **\$338,000,000**. Though these costs are accrued over the course of the victim's life, the community will continue to occur the same cost each year until we are able to reduce and ultimately end child abuse.



CHILD WELFARE - \$56,539,369

Victims may require intervention services, foster care, and counseling services.

EDUCATION - \$11,682,045

Maltreated children are 77 percent more likely to require special education.

CRIMINAL JUSTICE - \$5,963,371

Maltreated children are 59 percent more likely to be arrested as juveniles, and 28 percent more likely to have an adult criminal record.

HEALTHCARE - \$77,806,567

Victims may require hospital care, mental health services, and other medical services during childhood, and have a higher incidence of physical and mental health issues throughout adulthood.

LIFETIME PRODUCTIVITY - \$186,081,972 Victims are more likely to be unemployed and rely on public assistance which lead to diminished earning potential.

FATALITY - \$0

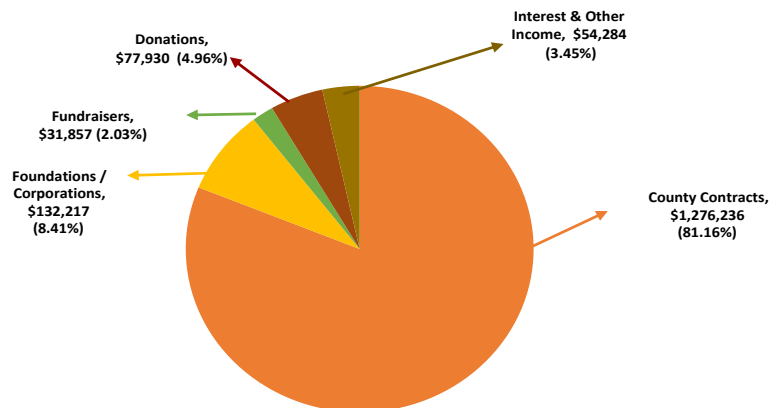
Accounts for the victims' lost wages and healthcare costs.

*The Cost of Child Abuse Report can be found at: <https://economics.safeandsound.org/>

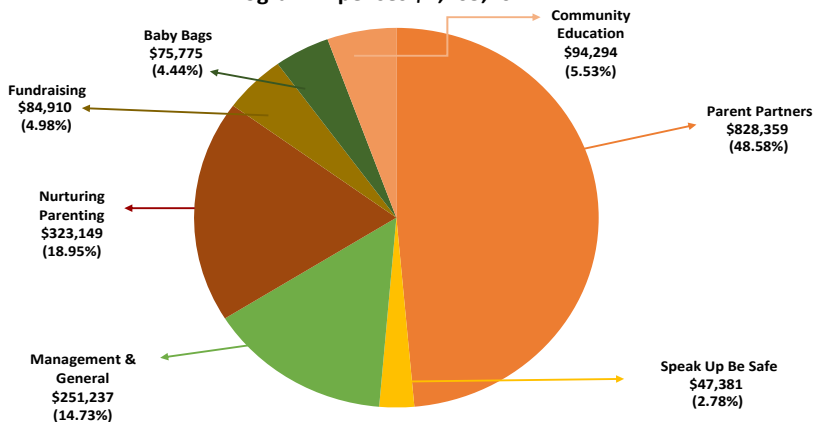
CAPC Financial Information:

Support of the Speak Up Be Safe Program (SUBS)

Funding Sources \$1,572,524



Program Expenses \$1,705,104



(Unaudited)

*CAPC received a Payroll Protection Program (PPP) loan which sustained operations during the year. This contribution will be recognized as revenue once CAPC receives loan forgiveness.

Teachers:

"Some incidents of sexual harassment at school have come about recently as a result of your training. Students can name it without feeling weird about reporting the sexual comments. This is huge...What you do is so important. Thank you."
-6th grade teacher

"One student was referred to a counselor for issues with bullying and is currently receiving support."
- 6th grade teacher

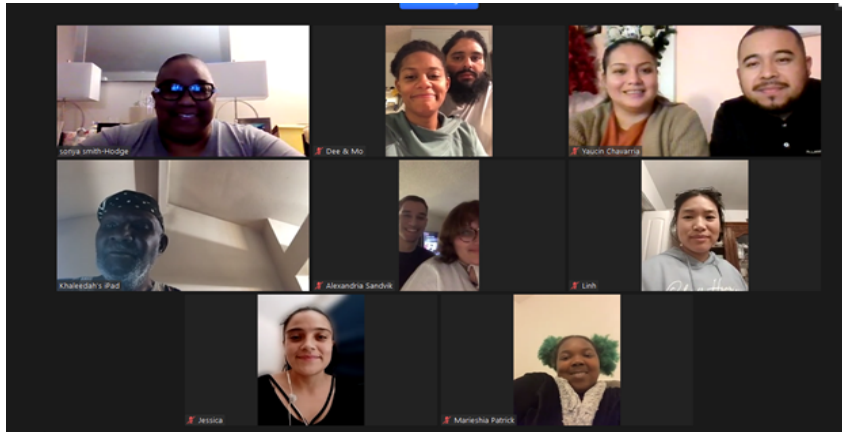
Students:

"One thing I learned in SUBS is that it's okay to show my feelings or emotions to a safe adult or guardian. "

"I learned to self-assess if strangers are trying to help you or hurt you. "

" I learned to be safe when I'm online and chatting with people."

Trainings/ Events



During fiscal year 2020-2021 The Greater Bay Area CAPC Coalition sponsored 7 free trainings to community members and service providers. Topic included the following:

- Equity, Diversity and Inclusion
- Resilience
- Leadership
- Self-care
- Trauma
- Protecting children during and beyond Covid 19
- Foster Care

The trainings served 1337 service providers and community members across the Bay Area.



CAPC's community event in Antioch to provide resources and support to families



Success Stories

Nurturing Parenting Program (NPP)

Mom and Dad came to the United States as young adults and started a family, and today they are proud parents to two boys and a girl. They are loving parents who have faced many challenges being far from their natural supports and raising a child with mental health needs. Mom shared that her oldest son has been diagnosed with Selective Mutism, and has an IEP to support his needs as well as mental health support. Mom and Dad participated in the Nurturing Parenting Program about 4 years ago and asked to be enrolled again as they felt the need to connect and decrease isolation triggered during the pandemic. Mom shared their oldest son has struggled many years in developing relationships outside the family circle due to his mental health issues. Mom remembered when the family first participated in the program, she noticed a change in her two boys, but during the first few months of the Pandemic she observed her oldest son regressed in his treatment and his mental health needs resurfaced.

Mom shared that when they participated in the zoom sessions for the Nurturing Parenting Program she was happily surprised to hear her oldest son participating with teachers and with the other children. Mom had not heard her son use his voice to communicate with other people outside the home. Mom mentioned she had not seen her children play and participate in a virtual class until the NPP children group started.

Mom expressed gratitude for having this program during the pandemic and for motivating parents as well as children to participate in activities that help not only with parenting skills but helped the whole family build a stronger connection and to have fun together.

Mom and Dad explained how challenging it was to keep the boys engaged in their academic virtual sessions but that when it was time for the Nurturing Parenting Program the boys would be happy and excited to join. "I would be in the kitchen and could hear my son using his voice during class. I have no words to express how happy I was. My son to this date doesn't talk at school and he did during this class. I would continue to attend to this class any time I am given the opportunity. I learned something new every time and I see how much it has helped my son with mental health needs and all of us in our relationship as a family," Mom shared.

Parent Partners:

Support was provided to one Dad whose daughter had been removed by Contra Costa County's Children and Family Services (CSF) due to her mother's mental health. This Dad showed up to every court date and every visit and clearly loved his daughter very much. Dad received misinformation time and time again that jeopardized his chances of gaining custody of his daughter. CAPC staff corrected what he had heard, mentored and encouraged him along his journey, attended his court hearings and meetings with him and provided other resources.

One day, Dad reached a turning point. After a frank conversation with CAPC staff that brought him to tears, he began to work his case plan with purpose. In fact, he made such a drastic change in his life including addressing his addiction issues that neither his attorney nor CAPC staff recognized him at his next court appointment because his appearance changed so much in sobriety.

Covid-19 hit at the same time that he was scheduled to begin unsupervised and overnight visits with his daughter. Again, he received misinformation about the visits that discouraged him, compounded by new challenges from shelter-in-place restrictions. CAPC staff was there to clarify what he needed to do for his daughter and provide other support and resources. CAPC's Sue Fleischer Special Needs Fund paid for a hotel room for overnight visits and gave Dad a gift card for food and diapers. The Fund also provided a playpen for the baby to sleep in while visiting her Dad. Despite interference from the child's grandmother and little faith from many, Dad now has a job, an apartment and childcare, and his young daughter is living with him full time. If not for the support of Sue Fleischer Special Needs Fund, this Dad and his daughter would not be together today.



2020-2021 Child Abuse Prevention Council Program Annual Highlights

Fiscal Year Snapshot & Summary



54 Mandated Reporter Trainings delivered to **1,860** individuals



1,860 Parenting brochures with information on how to report suspected child abuse and **7,525** baby bags in English and Spanish distributed



407 Parents and **108** children served through Nurturing Parenting Programs in English and Spanish/Special Needs



- ❖ Parent Partners served **354** parents with navigating the child welfare system and child reunification process.
- ❖ Youth Partners mentor **325** youth



3 Community Education Workshops offered that reached over **95** community members



\$12,814 of basic needs assistance provided to at risk families through the Sue Fleischner Special Needs Fund

You can help keep kids safe

Recognize Child Abuse:

- » **PHYSICAL ABUSE:** Bodily injury inflicted non-accidentally on a child; willful cruelty, unjustifiable punishment, or corporal punishment causing a mark.
- » **PHYSICAL NEGLECT:** Not providing child adequate food, clothing, shelter, supervision or severely endangering child's health.
- » **SEXUAL ABUSE:** Victimization of a child through sexual activities, including molestation, indecent exposure, fondling, rape, pornography, sexual stimulation and incest.
- » **EMOTIONAL ABUSE:** Willfully causing a child to suffer by attacking self-esteem, constant criticism, yelling, belittling, insulting, rejecting or withholding love and support.
- » **EXPLOITATION:** Forcing or coercing child into activities beyond child's capabilities or that are illegal or degrading; including sexual exploitation.

Break the Cycle:

- » Reach Out if **YOU** need support. Call a friend, hotline, or a prevention organization such as CAPC at [925-798-0546](tel:925-798-0546).
- » Reach Out if **OTHERS** need support. Listen, offer to help with chores or childcare, or connect them with a local resource.
- » Reach Out to the **COMMUNITY**. Volunteer time at an organization. Donate. Learn about preventing child abuse & neglect. Wear the Blue Ribbon.
- » Reach Out & **REPORT**. Call 911 if there is immediate danger or call Contra Costa County Children & Family Services if you suspect child abuse at [\(877\) 881-1116](tel:877-881-1116).

Ways To Donate:

- » **KidsSafe Supporter:** Shop online at [KidCents.Riteaid.com](https://www.kidcents.com) or [smile.Amazon.com](https://www.smile.amazon.com)
- » **KidsSafe Promoter:** Give in-kind donations & sponsor events at capc-coco.org/events
- » **KidsSafe Champion:** Make monetary donations online at capc-coco.org/donate

CAPC PROGRAMS



Baby Bag Program



Sue Fleishner
Special Needs Fund



Community Education
& Mandated Reporter
Training



Nurturing Parenting
& Special Needs
Programs



Surviving Parenthood
Resource Directory



Speak Up Be Safe
Program



Parent Partners & Youth
Partners Programs

Auxiliary for the Child Abuse Prevention Council of Contra Costa County (ACAPC)

A special Thank You to our ACAPC
2020-2021 Membership

Soul on the Screen Drive in Movie Fundraiser Try Harder

The Child Abuse Prevention Council strives always to educate our community about the challenges families face every day as they work to raise their kids in safe and supportive environments. We want to thank director Debbie Lum for her documentary Try Harder. Her eye-opening film gives us a unique look at today's teens and their world of electronics and high expectations. CAPC screened the film recently at a community fundraiser.

ACAPC President: Natalie Miles

ACAPC Members:

Megan Buckley	Jessica Millington
Amanda Chipman	Shannon Moore
Kristen Cobo	Jenn Nolen
Molly Hanahan	Natalie Noga
Yeh-Won Hunt	Betsy Toben
Rhoda Larner	Stephanie Russell
Blaire Morse	Celia Von Bernuth
Dina Rickson	
Moir Roberts	
Arran Schultz	
Heather Swedeen	
Alexis Thompson	
Kelly Tuggle	
Melanie Walterspiel	



Thank you to our generous sponsors

- St Perpetua Parish and School
- Hugh Groman & Greenleaf Provisions
- Spitz Jewelers
- Tips on Tots
- CAPC Board Members

The CAPC Fund Development Committee:

- Suzy Pak
- Allison Mein
- Maggie Reeves
- Wilma Holgerson

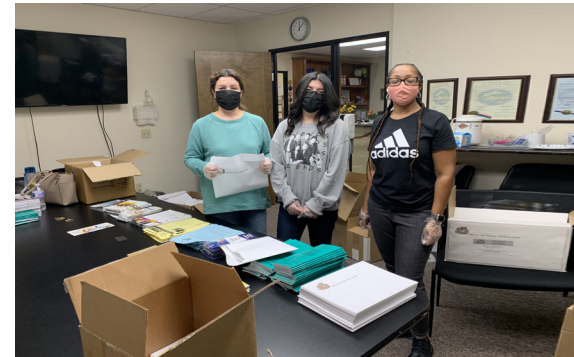


CAPC's Volunteers

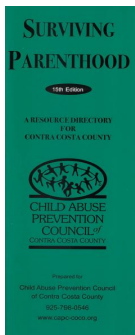


Acalanes Chapter of the National Charity League

Thank you to all the volunteers from the Insurance Industry Charitable Foundation Week of Giving who volunteered their time to work on our Baby Bag project. Your help makes a difference!



A big thank you to our volunteer Donna Chestang Jackson for spending the time to contact agencies/ service providers for updates on our Surviving Parenthood resource directory during the Covid 19 shelter in place.



Corporate/Non-Profit/Government Donor

AAA
Albertsons Companies
Foundation
Alexis Thompson Realtor
AmazonSmile Foundation
America's Best Local Charities
Ameriprise Financial
AT&T
Bank of America
Benevity Community Impact
Fund
Bernard E. & Alba Witkin
Charitable Foundation
Blue Shield of California
Boscacci Family Foundation
California Department of Public
Health
Car Donation Services Inc.
Charities Aid Foundation of
America
Chevron
Child Abuse Prevention Council
GBA
City of Richmond
Comcast
Contra Costa County
Employment and Human
Services
Contra Costa County Family &
Children's Trust
Contra Costa County Mental
Health Services
Contra Costa Crisis Center
D.P. Systems / Michelle
Corcoleotes
Dean & Margaret Leshar
Foundation
Dolby
Donald Emerson Carroll, Jr. Fund
Dudum Real Estate Group

East Bay Community Foundation
Friends of Catharine Baker State
Assembly 2030
Genentech
Google
Help For Children (HFC)
HH Consulting, LLC
Hugh Groman & Greenleaf
Provisions
In-N-Out Burger Foundation
Insurance Industry Charitable
Foundation
John Muir Health
Kaiser Foundation Health Plan,
Inc.
Kaiser Permanente East Bay
Area
Kendra Scott
Kiwanis Club of Moraga Valley
Kiwanis Club of Walnut Creek
Lawrence Livermore National
Laboratory
Morgan Stanley
MUFG Union Bank
Name
Network for Good
Niantic
Office of Child Abuse
Prevention / Child Abuse
Prevention Center
Orinda Women's Club
Party In-Kindness
Paypal Giving Fund
Phillips 66 Co.
Pledgeling Foundation
Rite Aid Foundation KidCents
Salesforce
San Francisco Forty Niners
Foundation
San Ramon Valley Kiwanis

Foundation
Scrip
SEIU United
Healthcare Workers
West
Spight Foundation
Spitz Jewelers
St. Perpetua Church
Tahoe Truckee
Community
Foundation
The Blackbaud Giving
Fund
The Lowell Berry
Foundation
Tips on Tots
United Way
United Way of the
Bay Area
United Way San
Joaquin County
Valero Energy
Foundation
Visa
Walmart
Wells Fargo
WePay
Westamerica Bank
YourCause, LLC

List of Donors

Shaun Abram
Jodi Abril
Christian Abrojena
Eliot Adelson
Stephen Amano
Ross Andelman
Pamela Annunciation
Andromeda Arroyo
Julie Asregadoo
Catharine Baker
Heather Baker
Jill Balazs
Scott Barca
Kristin Bartlow
Bradley & Ruth Bennett
Kathy Berger
Shannon Blankenship
Wendall Boehlje
Boldt Family Fund
James Boots
Songrid Borriruxsaraban
Cliff & Terry Bowen
Mae Bragen
Christopher Brantingham
Justine Buccellato
Jennifer Buckley
Dr. Angelina Burke
Dr. Deirdre Burns
Michael & Cynda Burton
Robert Cameron
Linda Canan
Melisa Cano
Dr. Jim Carpenter & Hope Friedman
Gary Carpenter
Jacqueline Carson & Alan Cox
Sara Carter
Bruno & Jennifer Ceccarelli
Gail Chesler
Amanda & Justin Chipman
Marcia Cho & Michael Huston

Cathy Choi
Lily Choi
Tina Chou
Vivian Chung
Janine Clausen
Lisa Cline
Annette Cohn
Elizabeth Colhoun
Catherine Compito
Cristelle Conanan
Hugh & Heather Converse
Margery Crosby
Beth Crowley
Scott & Kristen Cunnane
Althea Currier
Kathleen Daizel
Priscilla Delgado
Eileen Denicola
Alene Deyein
George & Diane Dias
Fabian & Diana Diaz
Maria Diaz
Matt Diffley
Michael Dillon
Denece Dodson
Rex Dunn & Nancy Zipkin-
Dunn
Catherine Dunne
Zofia Dziewanowska
Josselyn Eccleston
Jean Elizabeth
Kara Elliott
Susan Elliott
Joan Ernst
Michelle Famular
Chris & Allison Farnitano
Farrar Family Charitable
Fund
Chris Flitter

Mary Flott
Richard & Marilyn
Fowler
Sandra Fox-Sohner
Eileen Foy
Frederick & Elaine
Franklin
Janet Frazier
Jane Friedman
Debbie Friesen
Joseph & Inverleith Fruci
Tiffany Furdak
William & Marianne
Gagen
Andrew Gall
Carlos Garcia
Danielle Ginestro
Ethan Glassman
Rosemary Godefroid
Rose Gogarty
Alyn Goldsmith
William & Kathy Gray
Neil & Kristin Gregor
Martha Griffiths
Norman Grimes
Mark Gundacker & Suzie
Pak
Lawrence & Barbara
Haaser
Donna Hackett
Liz Haggerty
Julia Hall
The Hall Family
Beth Hammond
Africa Hands
Helen Hansel
Thomas & Anjali Hanzel
Theresa Harrington
Harry & Jean Harwood

Tomas & Christine
Hazlehurst
Nadine Hendricks
Ann Henstrand
Patricia Hershey
Cristina Hickey
Daniel Hickey
Stacey Higgins
Beth Hiseler
Jim Hoffman
Wilma & Kreg
Holgerson
Cathy Huang
Jonathan Hunt
Yeh-Won Hunt
Karen Jaworski
Jane Jeffrey Proctor
Megan Julia
Anne Kao
James Keefe &
Lorna Lee
Shannon Keefe
Clare Kelly
Natalie Kelly
Kimberly Kemp
Eria Key
David King
Juanita King
Dustin Kirchen
Anne Knight
Paige Koplan
Matthew Korpita
Kosla Family Fund
Barbara & Geoffrey
Kotin
Richard Kowalski
Linda Laituri
Lori Lane
Stephanie Latino

Lindsay Lawrence
Ladonna Leach
Jim Leighninger
Robert Little
Megan Lowe
Hope Lucas
Patricia Mader
Oscar Maldonado
Audrey Mao
Robert Marshall
Craig Marshall-Nicholls
Stephen & Jennie
McCashin
Scott & Becky McVittie
Lorena Medina-
Giselbach
Robin Meezan
Allison Mein
Heather Mello
Betsy Miarecki
Chipman Miles
Luisa Miles
Karen Mitchoff
Larry & Laura Monin
Lindsay Montgomery
Sarah Mott
Jaygopal Nair
Richard Newacheck
Barbara Novogradac
Leolin Oblena
Iris Obregon
Julie Oommen
Darlene Ortner
Stephanie Osbahr
Catherine Owen
Rebecca Parish
Estelle Paysinger-Hill
Ellen Peterson
Nicola Peterson

Linda Phon
Julie Pierce
Leigh Pierson-Brown
Wendell & Gloria Pleis
Wendy Quezada
Abdur Rahim
Lynn Rankin-Esquer
Janet Reitan
Danny Richards
Margaret Rinow
Monica Rodriguez
Jamie Rosiak
Andrea Ruane
Sherry & Enrico Rufini
Lauren Russell
Michael Sabarese
Maria Salinas
Angie & Louis Salvador
Betsy Sample
Julie Del Santo
Anthony Schatz
AJ Schindler
Gale Schleimer
Donald Schmitt
Arran Schultz
Duncan & Gail Seibert
Janet Seltzer
John Shea
Boo-Kyung Shin
Scott Simpson
Dennis Sinclitico
John Skidgel
Katie Skoog
James Smith
Barbara Sooy
Duane E. Spencer, DDS
Richard Spencer
Bonnie Stehr
Lee Sullivan

Sarah Takekawa
Michael & Ann Tomlin
Phil & Carol Torres
Connie Tracy
Pamela Trost
Alexis Truchan
Kelly Tuggle
Christina Velzo
Mark Vukalcic
Anne Wagner-Findeisen
Kelly Walden
Yi Wang
Kimberly Wasson
Emily Waterbury
Joel Weber
Jean Wells
Tracy Wilk
Pamela Wilson
Rick Wood
The Wood Family Fund
Neal Wrightson
Lynn Yang
Mirna Zappin
Karen Zelman
Kimia Zucker
Gregory Zwakman

Every effort has been taken to ensure proper spelling and inclusion in our lists. If an error or omission has occurred, we deeply apologize and ask that you contact us at 925.798.0546. Thank you.

Thank you

NONPROFIT ORG
U.S. POSTAGE
PAID
CONCORD, CA
PERMIT NO. 366

You Can Prevent Child Abuse.

**Please make your tax deductible donation at
www.capc-coco.org**



**CHILD ABUSE
PREVENTION
COUNCIL^{of}**
CONTRA COSTA COUNTY

2120 Diamond Blvd.,
Ste. 120
Concord, CA 94520
www.capc-coco.org