



CHILD ABUSE  
PREVENTION  
COUNCIL *of*  
CONTRA COSTA COUNTY

## Community Report

2021-2022

# Letter from Our Executive Director

DEAR FRIENDS,

It shouldn't hurt to be a child . It sounds so simple. At the Child Abuse Prevention Council, we say it every day and it never loses its importance. And those few words help define not only our mission but our reason for coming to work each day. The CAPC staff, our volunteers, our board of directors and our donors work together to support that one modest statement. CAPC is pleased for this opportunity to report to our community on our progress and the impact of our work over the past year. You will see that the success of our work is evident in its broad outreach to the neighborhoods of Contra Costa County.

As we see our kids going back to their classrooms, as we return to socializing and getting out and about safely and we see the 2022 holiday season ahead of us, CAPC is hopeful for the future and ready to tackle the challenges of child abuse prevention, as we have for over 35 years. And we hope you will take the time to read about our programs and services and understand the comprehensive scope of our work. You can be a part of this effort as well by making a donation to the Child Abuse Prevention Council of Contra Costa.

Because it shouldn't hurt to be a child.

Wishing you peace,

Carol Carrillo, MSW  
Executive Director



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# CAPC Board of Directors

“ It is an honor to serve on the CAPC Board of Directors, both as a community citizen and as a Pediatric Nurse Practitioner for CCC Health Services. Carol Carrillo and the CAPC staff are doing the most important work for the children and families of CCC. They are providing the support and education to help families prevent child abuse before it occurs. They have expanded their programs each year to reach more schools, community agencies and child health professionals and will continue to do so. I am beyond proud of the success of CAPC’s efforts to lift up all children and families.”

Leigh Pierson Brown,  
CAPC Board of Directors

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# CAPC Leadership / Partnerships

## Innovative Partnerships + Prevention Planning



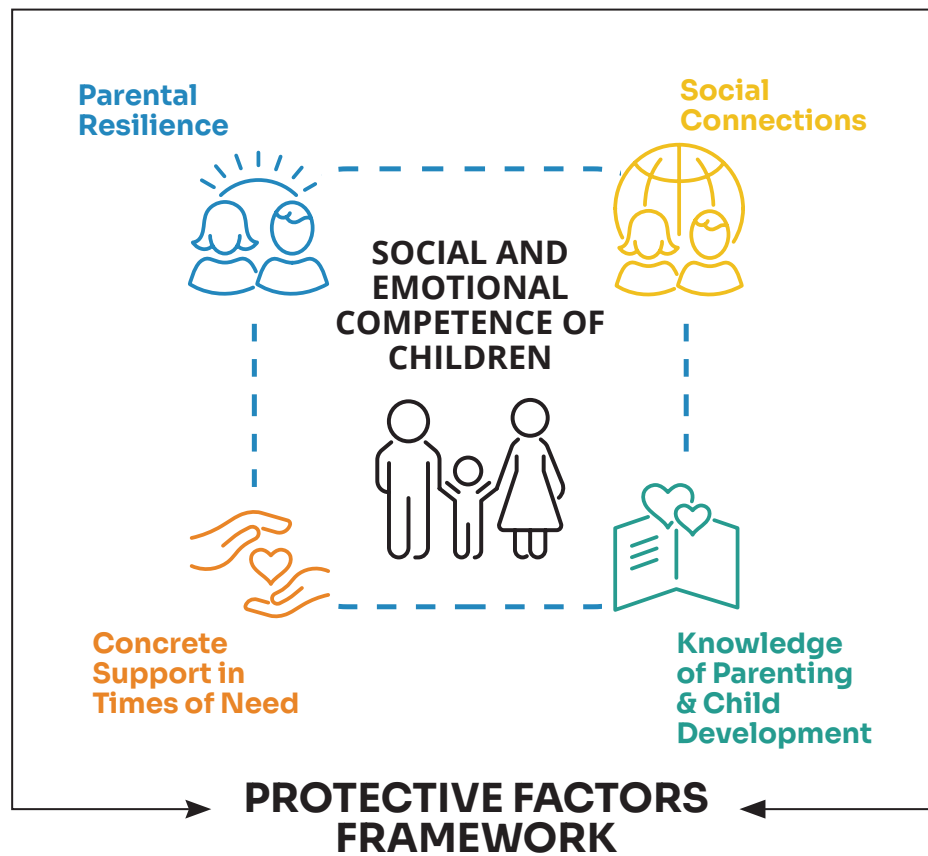
A collaboration between the **State Office of Child Abuse Prevention (OCAP)** and The Greater Bay Area Child Abuse Prevention Council Coalition to improve child abuse prevention outcomes and create prevention networks in our communities.

With support from the State Office of Child Abuse Prevention (OCAP) CAPC is leading the efforts to create a child abuse and family well-being county wide prevention plan.



# Protective Factors Framework

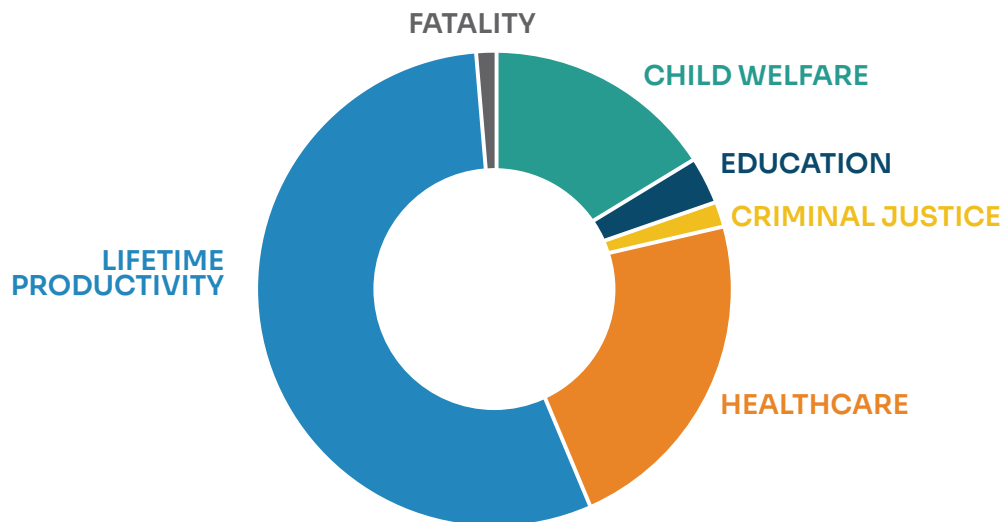
Families thrive when the Protective Factors are robust in their lives and communities. All of CAPC programs and services are built around the **Protective Factors Framework**:



# The Economics of Abuse Report

## The Financial Impacts of Child Abuse

The cumulative financial impact to Contra Costa County for the 678 verified survivors of maltreatment and 2 maltreatment fatalities in 2021 is \$340,000,000. Though these costs are accrued over the course of the victim's life, the community will continue to occur the same cost each year until we are able to reduce and ultimately end child abuse.



### **CHILD WELFARE – \$55,259,039**

Victims may require intervention services, foster care, and counseling services

### **EDUCATION – \$11,417,506**

Maltreated children are 77 percent more likely to require special education

### **CRIMINAL JUSTICE – \$5,828,331**

Maltreated children are 59 percent more likely to be arrested as juveniles, and 28 percent more likely to have an adult criminal record.

### **HEALTHCARE – \$76,044,643**

Victims may require hospital care, mental health services, and other medical services during childhood, and have a higher incidence of physical and mental health issues throughout adulthood.

### **LIFETIME PRODUCTIVITY – \$186,680,677**

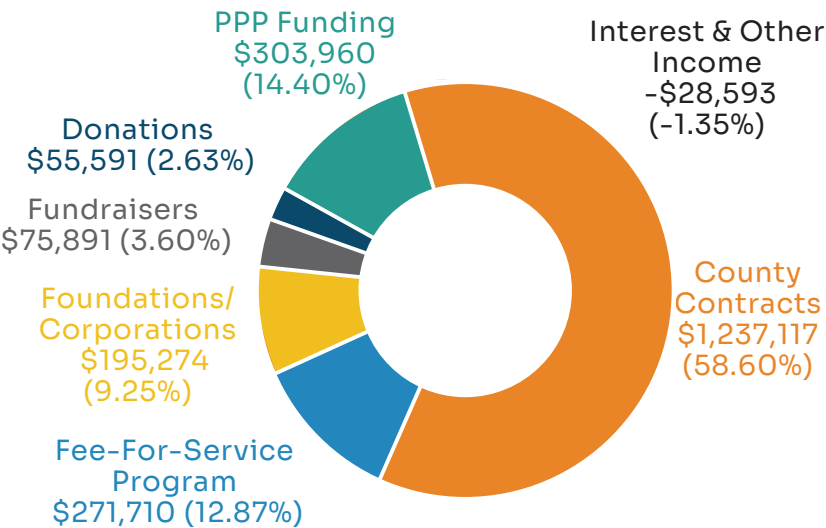
Victims are more likely to be unemployed and rely on public assistance which lead to diminished earning potential

### **FATALITY – \$4,737,749**

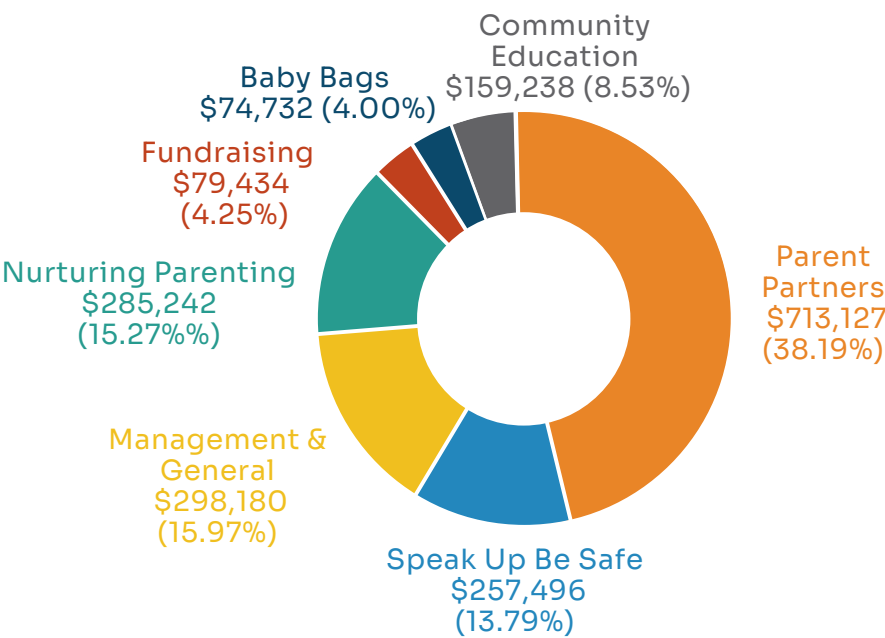
Accounts for the victims' lost wages and healthcare costs

# CAPC Financial Info

## FUNDING SOURCES: \$2,110,950



## PROGRAM EXPENSES: \$1,867,449



# Trainings/Events

During fiscal year 2021/2022, CAPC provided 7 Community Education Workshops/Community Information Resource Events throughout Contra Costa County.

The resource events provide child abuse prevention, education and awareness to parent and community groups. The CAPC community events reached 69 community members.

Information and brochures were provided to the community on:

- » Positive parenting techniques
- » Child abuse prevention
- » CAPC services and programs
- » Behavior management
- » Building self-esteem
- » Internet safety
- » Teen resources
- » Bonding with your baby
- » 50 Facts of child abuse
- » Dealing with temper tantrums
- » Child safety
- » Finding quality child care
- » Shopping with children

The parenting resource information is made available to the community in both English and Spanish. CAPC distributed over 1490 parenting brochures and resource materials.





# Success Stories

## Nurturing Parent Program

“ I would like to begin by thanking the Nurturing Parenting Program staff for sharing with us their experience and wisdom. By making the group not only a classroom but a family gathering every Thursday night in which we come to share our challenges and worries each week. Thank you for always guiding us to find an answer and solution to every one of our questions. Personally this class helped me to have confidence in me to make changes in my family. My two sons have had many positive changes in their behavior, and this is because I have learned to see them and to make changes myself. Finally thanks for teaching us that it is never too late to correct our mistakes and that we can always learn something new.

– Mom Viviana



## Parent Partner Program

“ A success story I have is about a Mom that came to the attention of the department due to Domestic Violence and Substance Abuse. This Mom was very challenging in the beginning of her case. It didn't seem that she was going to make it due to her strong personality, entitlement and dislike for the department. The parents had been involved with Children and Family Services in two separate counties. They thought that being involved in Contra Costa County would be like the times before, but it wasn't. This time the parents really had to work hard to change their lives, as well as decide that being together wasn't the best. Mom realized this and went her separate way, and she got clean and sober.

As Mom got clean and sober she was able to attain a better understanding about keeping her daughter safe, and if that meant not being in a relationship with Dad then she wouldn't be in one. Mom also saw the importance of her safety and self-worth. On some occasions she felt alone, like nobody understood her struggles. Mom would reach out to her Parent Partner for support, just to talk, and her Parent Partner listened. After almost 18 months and some bumps in the road, Mom was able to maintain her sobriety as she was able to hold down a job, take care of herself, be accountable for her part, and keep her daughter safe.

This Mom has had her child back in her care since October of 2021. Mom and the Parent Partner still talk on occasion - just a quick check in to say "Hi" and to provide additional resources or address concerns. Mom is still clean and sober and both child and Mom are happy. Unfortunately, Father still has some issues to work on, but tries to peacefully co-parent with Mother as they do live apart. This Mom has overcome so much to be successful.

– Parent Partner



# Program Annual Highlights

## Fiscal Year Snapshot & Summary



**6527**

**Baby Bags**  
in English  
and Spanish  
distributed



**56**

**Mandated Reporter**  
**Trainings** delivered to

**1,239**  
individuals



**8,359**

**Surviving Parenthood**  
**Resource Directories**  
distributed



**Youth Partners**  
mentored

**197**

foster youth  
preparing to  
transition from  
foster care



**7**

**Community**  
**Education**  
**Workshops** offered  
that reached

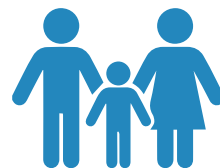
**690**

community  
members



**10,181**

students provided  
with **Speak Up Be**  
**Safe** lessons



**221** parents

**175**<sup>+</sup> children

served through  
**Nurturing Parenting**  
**Programs**

**\$13,622**



of **basic needs supplies** delivered  
to at risk families through the Sue  
Fleischner Special Needs Fund

# You Can Help Keep Kids Safe

## Recognize Child Abuse:

- » **PHYSICAL ABUSE:** Bodily injury inflicted non-accidentally on a child; willful cruelty, unjustifiable punishment, or corporal punishment causing a mark.
- » **PHYSICAL NEGLECT:** Not providing child adequate food, clothing, shelter, supervision or severely endangering child's health.
- » **SEXUAL ABUSE:** Victimization of a child through sexual activities, including molestation, indecent exposure, fondling, rape, pornography, sexual stimulation and incest.
- » **EMOTIONAL ABUSE:** Willfully causing a child to suffer by attacking self-esteem, constant criticism, yelling, belittling, insulting, rejecting or withholding love and support.
- » **EXPLOITATION:** Forcing or coercing child into activities beyond child's capabilities or that are illegal or degrading; including sexual exploitation.

## Break the Cycle:

- » Reach Out if **YOU** need support. Call a friend, hotline, or a prevention organization such as CAPC at (925) 798-0546.
- » Reach Out if **OTHERS** need support. Listen, offer to help with chores or childcare, or connect them with a local resource.
- » Reach Out to the **COMMUNITY**. Volunteer time at an organization. Donate. Learn about preventing child abuse & neglect. Wear the Blue Ribbon.
- » Reach Out & **REPORT**. Call 911 if there is immediate danger or call Contra Costa County Children & Family Services if you suspect child abuse at (877) 881-1116.

## Ways To Donate:

- » **KidsSafe Supporter:** Shop online at [KidCents.Riteaid.com](https://KidCents.Riteaid.com) or [smile.Amazon.com](https://smile.Amazon.com)
- » **KidsSafe Promoter:** Give in-kind donations & sponsor events at [capc-coco.org/events](https://capc-coco.org/events)
- » **KidsSafe Champion:** Make monetary donations online at [capc-coco.org/donate](https://capc-coco.org/donate)

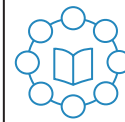
## CAPC PROGRAMS



Baby Bag Program



Sue Fleishner Special Needs Fund



Community Education & Mandated Reporter Training



Nurturing Parenting & Special Needs Programs



Surviving Parenthood Resource Directory



Speak Up Be Safe Program



Parent Partners & Youth Programs

# ACAPC Luncheon

## Thank You to our ACAPC 2021-22 Membership

Alexis Thompson	Jenn Nolen	Natalie Miles
Amanda Chipman	Kelly Tuggle	Natalie Noga
Arran Schultz	Kristen Cobo	Rhoda Larner
Betsy Toben	Megan Buckley	Stephanie Russell
Blaire Morse	Melanie Walterspiel	Yeh-Won Hunt
Dina Ricksen	Moira Roberts	
Heather Swedeen	Molly Hanahan	



The annual **Auxiliary for the Child Abuse Prevention Council of Contra Costa Silent Auction/Benefit Luncheon** returned after a 2-year hiatus on April 14, 2022 at the Lafayette Park Hotel. The event was a huge success and we are so grateful to the ACAPC membership for their hard work and efforts to raise unrestricted funds for the Child Abuse Prevention Council!

Thank you to our generous event sponsors, BOXT & Alexis Thompson, Realtor.

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**BEBE & ALEXIS**  
MCRAE | THOMPSON



# CAPC Volunteers

Thank you to all the volunteers from the Insurance Industry Charitable Foundation Week of Giving (**Berkshire Hathaway Homestate Companies (BHHC), Chubb Insurance and Zenith Insurance**) who volunteered their time to work on our Baby Bag project. Your help makes a difference!

A big thank you to our volunteers **Mary Flott & Jackie Carson** for spending the time in various CAPC's projects.

A special thank you to **Acalanes Chapter of the National Charity League.**



# Thank You to Our Donors

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 Ameriprise  
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 Bay Area News Group/ Share the Spirit  
 Benevity Community Impact Fund  
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 California Department of Public Health  
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 Child Abuse Prevention Council GBA  
 City of Richmond  
 Contra Costa County Employment and Human Services  
 Contra Costa County Family & Children's Trust  
 Contra Costa County Mental Health Services  
 Contra Costa Crisis Center  
 Contra Costa Regional  
 Dean & Margaret Leshner Foundation  
 East Bay Community Foundation  
 Fidelity Chartible  
 Friends of Catharine Baker State Assembly 2030

Help For Children (HFC)  
 In-N-Out Burger Foundation  
 Insurance Insutry Charitable Foundation  
 Kendra Scott  
 Kiwanis Club of Moraga Valley  
 Kiwanis Club of Walnut Creek  
 Lawrence Livermore National Laboratory  
 Meta, Facebook  
 Morgan Stanley  
 MUFG Union Bank Foundation  
 Office of Child Abuse Prevention / Child Abuse Prevention Center  
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 Paypal Giving Fund  
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 Prevent Child Abuse California  
 Rite Aid Healthy Futures KidCents  
 San Francisco Forty Niners Foundation  
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