



CHILD ABUSE  
PREVENTION  
COUNCIL *of*  
CONTRA COSTA COUNTY

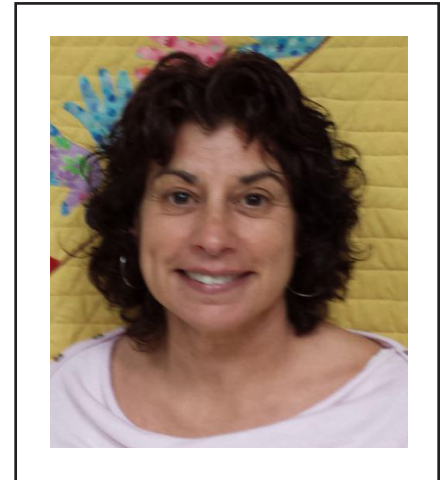
## Community Report

**2022-2023**

# Letter from Our Executive Director

**Dear Friends,**

For many years the Child Abuse Prevention Council has included mandated reporter training among its efforts to protect children from abuse and neglect. Mandated reporting, the requirement that those of us working with children report suspected child abuse or neglect to the proper authorities, has given communities a sense of protection for kids. Mandated Reporting has been an extra pair of eyes and ears looking after our families. By shifting our focus to supporting a family rather than reporting a family we can expand our protection for kids. Many years of mandated reporting have given us a clear picture of its effectiveness and its challenges. By showing more support and relying less on the reporting process we can do more, and we can do it better.



We are going to look more closely at how to support an at-risk family. We will seek to provide parents with the resources they need to properly care for their children. We want to recognize and support their strengths rather than creating a more serious situation that will surely result from an official report of abuse or neglect. By looking at the household as a whole we can ask the important questions: what are this family's priorities for their child, how can we support them in a culturally appropriate and responsive way.

By creating peer support to help isolated families develop personal connections, by adapting the mandated reporting process to recognize cultural differences, by looking more closely at any actual danger to a child and by fully integrating the various child welfare services needed to serve an at-risk family we can raise the level of trust and cooperation it takes to build the protective factors that are the keys to healthy families: parental resilience, knowledge of parenting, social and emotional competence of children, social connections, and support in times of need.

Thank you for your continued support for our work here at the Child Abuse Prevention Council. Thank you for being part of the solution to building stronger and healthier families.

Happy Holidays from all of us at CAPC.

Carol Carrillo, MSW  
Executive Director



# CAPC Board of Directors

“It’s an honor to serve on the board of an organization that supports children, parents and families and build awareness, education, and nurturing skills towards a safer and better tomorrow. The support we give today helps build a more successful community for the future.”

Bruno Ceccarelli, CAPC Board of Directors

## CAPC BOARD MEMBERS



Bruno Ceccarelli,  
President



Shannon Blankenship,  
Secretary



Jim Carpenter,  
MD, MPH



Dr. Lynna McPatter-Harris



Scott Barca,  
Vice President



Rex Dunn,  
Treasurer



Scott Cunnane



Leigh Pierson-Brown, RN, CPNP, MPH



Carol Carrillo,  
MSW,  
Executive Director



Angelina Burke,  
MD



Mark W. Gundacker

## Congratulations to Carol Carillo

The Child Abuse Prevention Council of Contra Costa has a very special announcement to make! We are proud to announce that **Carol Carrillo, our Executive Director has been honored by the National Association of Social Workers (NASW), California with its prestigious Lifetime Achievement Award for 2023.** Carol was chosen from hundreds of qualified social workers for this award based on her years of dedication to the prevention of child abuse and neglect. Carol was presented with her award at a recent convention of the NASW in Los Angeles.

Carol’s vision and tenacity have taken CAPC from a small organization with only a few outreach efforts in the 1990’s to a large, fiscally sustainable force for the protection and wellbeing of children in a county of over one and a half million people. It has truly been a lifelong effort. Carol has a clear and focused understanding of child abuse, its causes, and its enduring effects. Most importantly for the families we serve, she has researched and pursued the most effective strategies for prevention, choosing programs that will lead to generational change and provide the practical tactics families need to see them through their challenges. Carol has carefully chosen programs and services for their evidence-based structures providing the highest quality services to families in every corner of Contra Costa County. Under her leadership, CAPC has led the efforts to prevent abuse and neglect in Contra Costa County for well over two decades.

With Carol at the helm, CAPC has offered not only high standards for intervention but intervention with a heart. All our services from Mandated Reporter Training to our Speak Up Be Safe programs in schools throughout the county come with compassion and a broadminded attitude. Each family receiving CAPC services is regarded with respect and sensitivity by dedicated CAPC staff. Her guidance is evident in every part of CAPC.

We know you will want to join us in wishing Carol congratulations on her award and her achievements. **Thank you Carol, for your hard work, enthusiasm, leadership and steadfast commitment.**





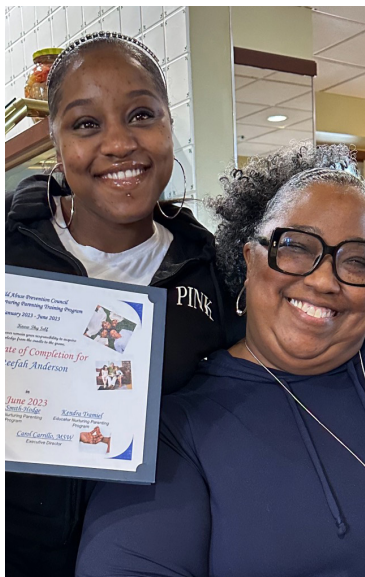
# CAPC Leadership / Partnerships

## Innovative Partnerships + Prevention Planning



A collaboration between the **State Office of Child Abuse Prevention (OCAP)** and The Greater Bay Area Child Abuse Prevention Council Coalition to improve child abuse prevention outcomes and create prevention networks in our communities.

With support from the State Office of Child Abuse Prevention (OCAP), CAPC is leading the efforts to create a child abuse and family well-being county wide prevention plan.



# Protective Factors for Parents & Caregivers

## A Connected Child is a Protected Child.\*

Parenting is hard, and it does not come with an instruction book. All families need help once in a while. The following protective factors show ways you can build strength for your family and yourself, so you are ready for any challenges that come along!



### 1 Parental Resilience

Parenting is stressful! Look for moments of joy and encouragement, no matter how small.

### 2

### Social Connections

Share your joys and sorrows with others by making connections. Make a list of people you know who can help you out once in a while.



### 3

### Concrete Support in Times of Need

Everybody needs help sometimes. Connect with organizations and people in your community to meet your family's need for food, clothing and shelter.

### 4

### Knowledge of Parenting & Child

Your child may seem to be moving constantly - running, climbing or jumping. Let them be active - they're developing coordination and becoming stronger!



### 5

### Social and Emotional Competence of Children

Help your children identify steps to solve a problem. Let them know how to separate emotions from actions by saying, "It's okay to be angry, but we don't hit people."

### 6

### Nurturing & Attachment

A child's early experiences developing a bond with a caring adult affects their behavior and development. Spend time with each child and as a family whenever you can.



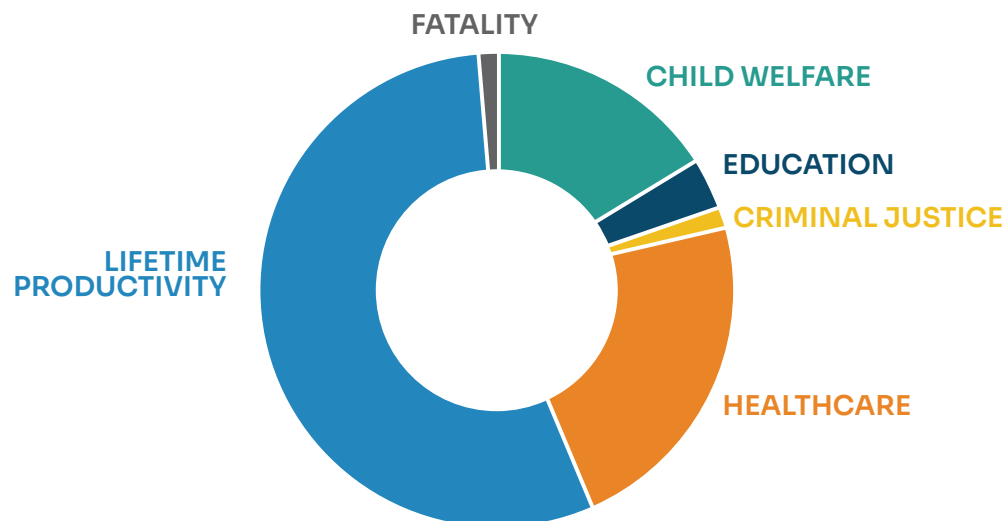
\*The GBA CAPC Coalition is grateful to 90by30 for sharing their theme with us. 90by30.com



# The Economics of Abuse Report

## The Financial Impacts of Child Abuse

**The cumulative financial impact to Contra Costa County for the 509 verified survivors of maltreatment and 2 maltreatment fatalities in 2022 is \$292,000,000.** Though these costs are accrued over the course of the victim's life, the community will continue to incur the same cost each year until we are able to reduce and ultimately end child abuse.



### **CHILD WELFARE – \$54,888,631**

Victims may require intervention services, foster care, and counseling services.

### **EDUCATION – \$9,209,663**

Maltreated children are 77 percent more likely to require special education.

### **CRIMINAL JUSTICE – \$4,701,286**

Maltreated children are 59 percent more likely to be arrested as juveniles, and 28 percent more likely to have an adult criminal record.

### **HEALTHCARE – \$67,961,835**

Victims may require hospital care, mental health services, and other medical services during childhood, and have a higher incidence of physical and mental health issues throughout adulthood.

### **LIFETIME PRODUCTIVITY – \$150,377,197**

Victims are more likely to be unemployed and rely on public assistance which lead to diminished earning potential.

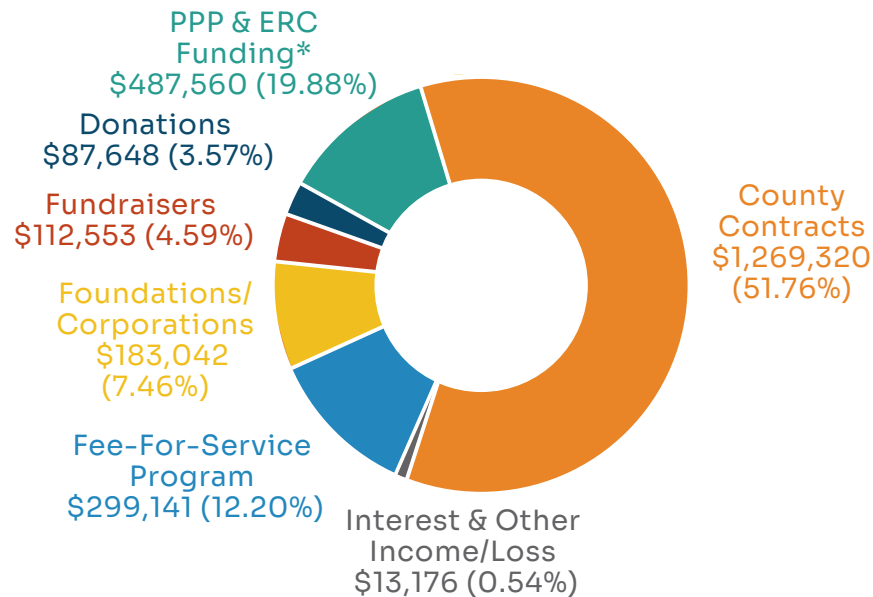
### **FATALITY – \$5,092,920**

Accounts for the victims' lost wages and healthcare costs.

# CAPC Financial Info

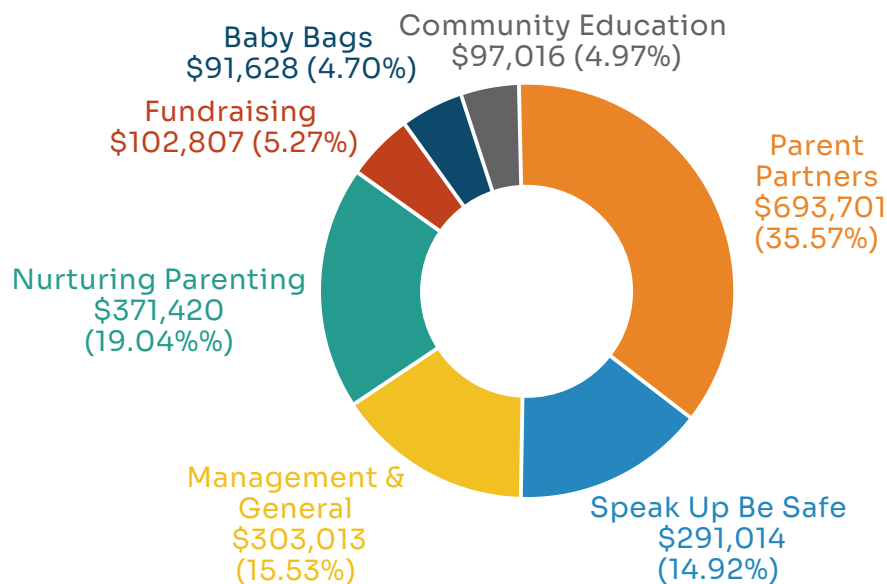
## FUNDING SOURCES: \$2,452,441

(Unaudited)



\* CAPC received a Payroll Protection Program (PPP) loan which sustained operations during 2021 due to COVID-19. This loan is recognized as revenue in the 22-23 fiscal year. CAPC also received an Employee Retention Credit (ERC) for the calendar year 2020.

## PROGRAM EXPENSES: \$1,950,599





# Trainings/Events

During fiscal year 2022/2023, CAPC provided **5 Community Education Workshops/Community Information Resource Events** throughout Contra Costa County.

The resource events provide child abuse prevention, education and awareness to parents and community groups. The CAPC community events reached **1,080 community members**.

Information and brochures were provided to the community on:

- » Positive parenting techniques
- » Child abuse prevention
- » CAPC services and programs
- » Behavior management
- » Building self-esteem
- » Internet safety
- » Teen resources
- » Bonding with your baby
- » 50 Facts of child abuse
- » Dealing with temper tantrums
- » Child safety
- » Finding quality child care
- » Shopping with children

The parenting resource information is made available to the community in both English and Spanish. CAPC distributed over 2,267 parenting brochures and resource materials.





# Success Stories

## Youth Partner Program

“ I recently helped my shy, thirteen-year-old youth (G.M.) advocate for herself about finishing her last year of middle school at the same school she went to for sixth and seventh grade. G.M. recently moved placements due to reasons that were not her fault and now lives in a different city than her middle school is in. The caregiver told her she will need to go to a closer middle school because she cannot drive her to the farther school or pick her up in the afternoons. G.M. felt sad and upset because she felt like she was finally able to experience consistency by being at a school for two whole years just to have to pick up, leave, and attend a completely different school again. I encouraged and helped her talk to the caregiver and social worker about continuing to attend the school she wants to go to and learning to take public transportation to get there. Once the caregiver and social worker agreed to let her stay at the school, G.M. and I spent an entire day riding the bus, transferring buses, walking to her school, walking back to the bus stop and getting home. She was determined to learn the correct buses that she is supposed to get on, the times, and the routes.

My youth is learning how to gain the confidence to have open and reasonable conversations with the adults around her and is realizing that she can have a sense of consistency and normalcy, even when she feels like a lot of things are out of her control.



– Youth Partner

## Parent Partner Program

“ I would like to share a success story about a mother I worked with, who was involved with CFS due to her drug addiction. She had a referral open one other time, but the referral was never brought to court.

Unfortunately, this last time was a different story. Her meth and inhalant addiction got worse and the neglect and safety of her 6 month was severe. Her baby was detained. Mother was in denial, and blamed the neglect on the baby's father not being involved.

After several weeks of continued use, mom finally reached her bottom, and got into treatment. At first, it was not easy for her to see her part. With more sobriety, she finally was able to take responsibility. From then on there was no stopping her! She did everything that was suggested to her and more.

She supported her sobriety by attending NA meetings, relapse prevention classes, outpatient drug classes, and church. Being very involved with church and NA meetings, soon she was supporting other women involved with CFS.

After 18 months of positively navigating her case, she had her son back at home. Her case was vacated and dismissed. She is so extremely grateful to have had this experience, and feels this is what got her sober. Learning how to live life on life's terms sober.

We still speak about twice a month. She continues to grow, and expresses her desire to want to help.



– Parent Partner

# Program Annual Highlights

## Fiscal Year Snapshot & Summary



**9,155**

Baby Bags  
in English  
and Spanish  
distributed



**57**

Mandated Reporter  
Trainings delivered to

**1,769**

individuals



**11,123**

students provided  
with Speak Up Be  
Safe lessons



Youth Partners  
mentored

**104**

foster youth  
preparing to  
transition from  
foster care



**5**

Community Education  
Workshops offered  
that reached

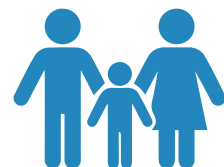
**1,080**

community  
members



**9,303**

Surviving Parenthood  
Resource Directories  
distributed



**220** parents

+

**352** children

served through  
Nurturing Parenting  
Programs

**\$15,311**

of basic needs  
and supplies  
delivered to at-risk  
families through the  
Sue Fleischner Special  
Needs Fund



**171**

parents  
served through  
Parent Partner  
Programs

# You Can Help Keep Kids Safe

## Recognize Child Abuse:

- » **PHYSICAL ABUSE:** Bodily injury inflicted non-accidentally on a child; willful cruelty, unjustifiable punishment, or corporal punishment causing a mark.
- » **PHYSICAL NEGLECT:** Not providing child adequate food, clothing, shelter, supervision or severely endangering child's health.
- » **SEXUAL ABUSE:** Victimization of a child through sexual activities, including molestation, indecent exposure, fondling, rape, pornography, sexual stimulation and incest.
- » **EMOTIONAL ABUSE:** Willfully causing a child to suffer by attacking self-esteem, constant criticism, yelling, belittling, insulting, rejecting or withholding love and support.
- » **EXPLOITATION:** Forcing or coercing child into activities beyond child's capabilities or that are illegal or degrading; including sexual exploitation.

## Break the Cycle:

- » Reach Out if **YOU** need support. Call a friend, hotline, or a prevention organization such as CAPC at (925) 798-0546.
- » Reach Out if **OTHERS** need support. Listen, offer to help with chores or childcare, or connect them with a local resource.
- » Reach Out to the **COMMUNITY**. Volunteer time at an organization. Donate. Learn about preventing child abuse & neglect. Wear the Blue Ribbon.
- » Reach Out & **REPORT**. Call 911 if there is immediate danger or call Contra Costa County Children & Family Services if you suspect child abuse at (877) 881-1116.

## Ways To Donate:

- » **KidsSafe Supporter:** Shop online at [KidCents.Riteaid.com](https://KidCents.Riteaid.com)
- » **KidsSafe Promoter:** Give in-kind donations & sponsor events at [capc-coco.org/events](https://capc-coco.org/events)
- » **KidsSafe Champion:** Make monetary donations online at [capc-coco.org/donate](https://capc-coco.org/donate)

## CAPC PROGRAMS



Baby Bag Program



Sue Fleishner Special Needs Fund



Community Education & Mandated Reporter Training



Nurturing Parenting & Special Needs Programs



Surviving Parenthood Resource Directory



Speak Up Be Safe Program



Youth Partners Programs



Parent Partners Programs

# ACAPC Luncheon

## Thank You to our Auxiliary 2022-23 Membership

|                   |                     |
|-------------------|---------------------|
| Megan Buckley     | Jenn Nolen          |
| Kristen Cobo      | Moira Roberts       |
| Elizabeth Ewing   | Stephanie Russell   |
| Molly Hanahan     | Arran Schultz       |
| Roshan Haugh      | Heather Swedeen     |
| Yeh-Won Hunt      | Alexis Thompson     |
| Haley Kirkpatrick | Betsy Toben         |
| Rhoda Larner      | Kelly Tuggle        |
| Natalie Miles     | Melanie Walterspiel |
| Blaire Morse      |                     |



The 16th annual ACAPC luncheon/silent auction "Tea with CAPC" took place on Thursday April 20, 2023 at the beautiful Roundhill Country Club in Alamo. The event was an enormous success, raising more funds for the Child Abuse Prevention Council than ever before.

### Special Thank You to our Generous Sponsors:



Thank you to everyone who attended and supported us! **We will see you next year on April 26, 2024 at Roundhill Country Club!**





# Become a CAPC Volunteer

## CAPC needs your help.

If you would like to take part in the efforts to prevent child abuse in Contra Costa County and support families, we need volunteers to help with CAPC's Baby Bag Project. **The Baby Bag Project** provides vital child safety, positive parenting, child development information, and child abuse prevention resources in Spanish and English to families in hospitals and clinics after the birth of a child. CAPC distributes over 8,000 Baby Bags a year and we need help each month preparing the Bags for distribution.

For more information on how you can help, please contact Project Coordinator Ana Dempsey at 925-798-0546.



Special Thank You to **Mary Flott, Jaqueline Carson, Zoe Dozier, and the National Charity League (NCL)** Acalanes Chapter for supporting and helping CAPC every week with our Baby Bag project and our community education work. You all make a difference!



# Thank You to Our Donors

## INDIVIDUALS

|                              |                             |                        |
|------------------------------|-----------------------------|------------------------|
| Teddy Alcazar                | Danielle Egan               | Catherine Johnson      |
| Heather Alexander            | Stephanie Eggert            | Francine Jolton        |
| Stephen & Jean Amano         | Dr. Angelina Elliott        | Kimberly Kemp          |
| Jeff Andrews                 | Elizabeth Ewing             | Natalia Kermode        |
| Julie Asregadoo              | Farrar Family Foundation    | Laila Khan             |
| Gene Ballardo                | Diane Farrer                | Juanita A. King        |
| Patricia Banks               | Hadley Fitzgerald Mickel    | Haley Kirkpatrick      |
| Scott Barca                  | Dawn Fleischner             | Vershida Kirvin        |
| David Belli                  | Robert & Mary Flott         | Lindsay Klein          |
| Jeanie Bence                 | Emily Forschler             | Candy Knight           |
| Shannon Blankenship          | Richard & Marilyn Fowler    | Matthew Korpita        |
| Tammy Bogetti                | Dena Fradette               | Geoffrey Kotin         |
| James Boots                  | Joseph & Inverleith Fruci   | Krimmel Family Fund    |
| Allison Born                 | Mona Fry                    | Ally Krueger           |
| Mae Bragen                   | Edward William Furrer       | Lori & Warren Lane     |
| Aileen Burgoyne              | Marianne Gagen              | Leslee Larner          |
| Maureen Buttery              | Andrew & Kristen Gall       | Rhoda Larner           |
| Hope & Dr. Jim Carpenter     | Karen Giquinto              | Craig & Kirsten Larsen |
| Carol Carrillo               | Tom & Rosemary D. Godefroid | Pam Lewerenz           |
| Tionette Carter              | Alyn Goldsmith              | Mindy Longo            |
| Jennifer & Bruno Ceccarelli  | Gennie Gorback              | Hope Lucas             |
| Gail Chesler                 | Courtney Griffin            | Christian Carlo Maala  |
| Susan Chiosso                | Charishma Gudala            | Briannon McCurdy       |
| Amanda Chipman               | Jennifer Guglielmi          | Sia McDonald           |
| Cathy Choi                   | Mark Gundacker & Suzy Pak   | Shauna McGlynn         |
| Beth Cleveland               | Daphne Hackett              | Jen Medeiros           |
| Lisa Cline                   | Annie Hahn                  | Mary Miles             |
| Michael & Mechele Cobo       | Gina Halow                  | Natalie Miles          |
| Michelle Corcoleotes         | Molly Hanahan               | Laura & Larry Monin    |
| Alan Cox & Jacqueline Carson | Mia Hansen                  | Cindy Monroe           |
| Beth A. Crowley              | Lawrence & Barbara Hasser   | John Montagh           |
| Dasja De Jongh-Yocis         | Katie Henry                 | Tracy Morrison         |
| Maureen Deloy                | Nichole Hsu                 | Roxanne Morse          |
| Fabian & Diana Diaz          | Yeh-Won & Jonathan Hunt     | Jacqueline Murray      |
| Sharon Doi                   | Mike Huston & Marcia Cho    | Patricia Murray        |
| Terri Dubrasich              | Donna Jackson               | Richard Newacheck      |
| Lena Dudum                   | Lynanne Jacob               | Jenn Nolen             |
| Corrine Dugan                | Lauren Jaeger               | John Ogro, DDS         |
| Rex Dunn &                   | Rhonda James                | Darlene Ortner         |
| Nancy Zipkin-Dunn            | Beth Jeon                   | Catherine Owen         |

Hillary Pereira  
 Dave & Leslie Pfeifer  
 Leigh Pierson-Brown  
 Mandy Pollitzer  
 Punjani Charitable Fund  
 Wendy Quezada  
 Maggie Reeves  
 The Robinson Bypass Trust  
 Katie Rogers  
 Debra Roudman  
 Sherry Rufini  
 Shawn Sabarese  
 Gale Schleimer  
 Kayla Schmelzer  
 Don and Paula Schmitt  
 Gena Schwartz  
 Gail & Duncan Seibert  
 Patricia Shuler Schimbor  
 Julie Silveira  
 Cammie Slikker  
 Duane E. Spencer, DDS  
 Lindy Spieker  
 Jennifer Stein  
 Paige Stocker  
 Kelley Stough  
 Heather Swedeen  
 Brooke Tankersley  
 Morgan Tarr  
 Annie Terry  
 Morgen Thistlewolf  
 Michael & Ann Tomlin  
 Phillip & Carol Torres  
 Lesley Vella  
 Celia Von Bernuth  
 Kelly Walden  
 Melanie Walterspiel  
 Marcia Waterbury  
 John Whitmore  
 Jenny Wilhite  
 Pamela K. Wilson

## **CORPORATE/NON-PROFIT/ GOVERNMENT**

AAA  
 Adobe Inc.  
 Allan and Patricia Boscacci Family Foundation  
 American Online Giving Foundation  
 Benevity Community Impact Fund  
 Bernard E. & Alba Witkin Charitable Foundation  
 California Department of Public Health  
 Car Donation Services  
 Chan Zuckerberg Foundation  
 Chevron Corporation  
 City of Richmond  
 Contra Costa County Employment and Human Services  
 Contra Costa County Family & Children's Trust Fund  
 Contra Costa County Mental Health Services  
 Creating Healthier Communities  
 Drink BOXT  
 East Bay Community Foundation  
 In-N-Out Burger Foundation  
 Insurance Insutry Charitable Foundation  
 JustGive - Great Nonprofits  
 Kiwanis Club of Moraga Valley  
 Lawrence Livermore National Laboratory  
 Medianews Group Inc. / Share the Spirit  
 Meta, Facebook  
 Microsoft  
 Morgan Stanley  
 Office of Child Abuse Prevention  
 GBA - Innovative Partnership  
 Party In-Kindness  
 PayPal  
 Paypal Giving Fund  
 Phillips 66 Co.

Rite Aid Healthy Futures KidCents  
 San Ramon Valley Kiwanis Foundation  
 SEIU United Healthcare Workers West  
 Spight Foundation  
 St. Perpetua Church  
 The Blackbaud Giving Fund, Chevron  
 The Blackbaud Giving Fund, City National Bank  
 The Blackbaud Giving Fund, PG&E  
 The Lowell Berry Foundation  
 Tips on Tots  
 United Way of the Bay Area  
 United Way San Joaquin County  
 WePay  
 Westamerica Bank  
 YourCause, LLC, PG&E  
 YourCause, LLC, Chevron

## **ESTATE PLAN**

Thank you to Ms. Agnes Ann "Angie" Lussing Bailie for the generous charitable bequest designated for The Child Abuse Prevention Council (CAPC). With generous donors like Ms. Lussing Bailie, CAPC will continue to support the "well-being" of children in our community.

We are grateful.

*Every effort has been taken to ensure proper spelling and inclusion in our lists. If an error or omission has occurred, we deeply apologize and ask that you contact us at 925.798.0546. Thank you.*



CHILD ABUSE  
PREVENTION  
COUNCIL<sup>of</sup>  
CONTRA COSTA COUNTY

2120 Diamond Blvd., Ste.120  
Concord, CA 94520  
**[www.capc-coco.org](http://www.capc-coco.org)**

NONPROFIT ORG  
U.S. POSTAGE  
PAID  
CONCORD, CA  
PERMIT NO. 366

# You Can Prevent Child Abuse.

Please make your tax deductible donation at  
**[www.capc-coco.org](http://www.capc-coco.org)**