



CHILD ABUSE
PREVENTION
COUNCIL *of*
CONTRA COSTA COUNTY

Community Report

2023-2024

Letter from Our Executive Director

Dear Friends,

As Executive Director of the Child Abuse Prevention Council of Contra Costa, I am honored to be a part of the vital work CAPC does to protect children from abuse and neglect. I also try to keep pace with the changing needs of families and make sure our programs are addressing the challenges parents face every day. Each year at this time we take a careful look at our work and our effectiveness. Our programs and services are designed to reach families as their children grow, addressing the needs of new parents and parents of growing youth and young adults.

Over the past year we have reached so many families in so many ways. By participating in Community Education Workshops, we have provided over 1,000 people with vital information on child abuse prevention and awareness material in both English and Spanish. CAPC has reached over 2500 mandated reporters with the appropriate training and education to understand the indicators of child abuse and their role in reporting these signs.

CAPC's Nurturing Parenting Program has provided parent education for hundreds of parents and over one hundred children. Our Parent Partner Program has brought family mentoring services to parents in the child welfare system working to break the generational cycle of abuse and neglect by taking on 143 cases.

CAPC's unique Speak Up Be Safe (SUBS) effort reaches children throughout Contra Costa County with age-appropriate strategies for their personal safety. This research-based program tackles abuse, bullying, cyberbullying, sexual harassment prevention and internet safety. SUBS reaches students in their classrooms across our county.

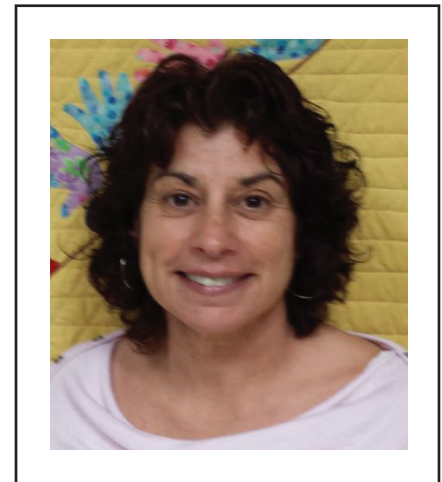
These are just a few of the services CAPC delivers in the Contra Costa County community to keep children safe from harm and maltreatment. Please take a few minutes to learn about all our programs and read the moving testimonials from families, students and teachers.

CAPC is privileged to do this work with the support of our community. Thank you for being our partner in prevention. And please support CAPC with a donation to ensure our important work in the community continues.

Happy Holidays,

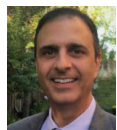


Carol Carrillo, MSW
Executive Director



CAPC Board of Directors

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“

I have had the honor and privilege to have worked with CAPC since 1981 and have been a Board member since 1985. I was the first Child Abuse pediatrician to work with Contra Costa Health Services and quickly found an essential partner in CAPC who has often been the agency to coordinate the multiple disciplines necessary for our county to best respond to child maltreatment in its many forms.

Most of the programs in the County's child maltreatment program had their genesis in task forces coordinated by CAPC:

- 1. **Child Death Review Team (CDRT):** formed in 1988 with coordination of cases by CAPC and chaired by myself up to 2023. The purpose of the multidisciplinary team is to review why children die in CCC and to identify preventable causes.*
- 2. **Children's Interview Center (CIC):** our Child Advocacy Center where child witnesses are forensically interviewed and medical forensic examinations are performed.*
- 3. **Sexual Assault Response Team (SART):** Trained sexual assault nurse examiners and physicians who perform acute medical forensic examinations of victims in CCC.*

2024 is the year that I am finally really retiring from my 43 years working for CCC Health Services as a Child Abuse pediatrician. My most continuous community partner has been CAPC through the years. I have had the pleasure of watching our agency grow in reach and program always better serving the children and families of CCC. And for now, will remain on the board of an agency that has been making an important difference for some 5 decades.”

- Board Member Statement by Jim Carpenter MD, MPH

CAPC Leadership / Partnerships

Innovative Partnerships + Prevention Planning



In October 2024, the Greater Bay Area Child Abuse Prevention Council Coalition (GBACAPC) in partnership with the State Office of Child Abuse Prevention (OCAP) and Strategies TA our annual statewide CAPC Convening in Sacramento. Over 30 California counties were represented at the two day meeting highlighting child abuse prevention.

We had an exciting two-day event with CAPCs from across the state gathering to discuss funding, the shift from mandated reporting to community supporting, child death review teams and the importance of lived experiences as we work together to raise awareness make an impact on child abuse prevention in our communities.



Protective Factors that Strengthen Families

The Center for the Study of Social Policy has updated the Protective Families Framework to include early childhood development and adolescents as two of the most significant developmental periods in the lifespan. The updates reflect a more diverse perspective on the challenges children, youth and families face and a more inclusive way to identify pathways to healthy development and well-being.

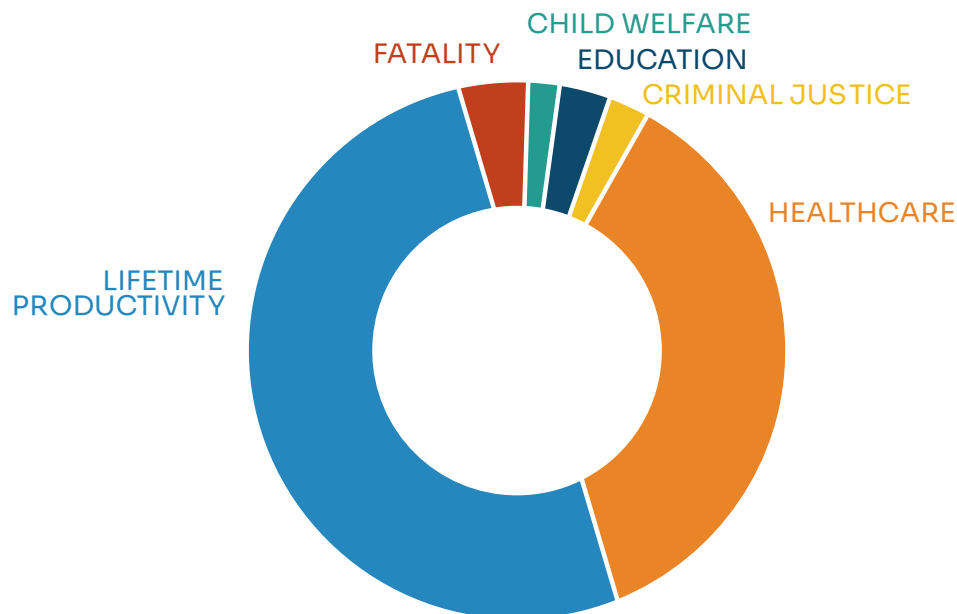


Source: *Expanding the Perspectives and Research Foundation for the Strengthening Families & Youth Thrive framework* Center for the Study of Social Policy

The Economics of Abuse Report

The Financial Impacts of Child Abuse

The cumulative financial impact to Contra Costa County for the 463 verified survivors of abuse and neglect and 3 abuse and neglect fatalities in 2023 is \$229,000,000. Though these costs are accrued over the course of the victim's life, the community will continue to occur the same cost each year until we are able to reduce and ultimately end child abuse.



CHILD WELFARE – \$4,926,473

Victims may require intervention services, foster care, and counseling services.

EDUCATION – \$7,251,355

Maltreated children are 77 percent more likely to require special education.

CRIMINAL JUSTICE – \$4,399,260

Maltreated children are 59 percent more likely to be arrested as juveniles, and 28 percent more likely to have an adult criminal record.

HEALTHCARE – \$63,595,747

Victims may require hospital care, mental health services, and other medical services during childhood, and have a higher incidence of physical and mental health issues throughout adulthood.

LIFETIME PRODUCTIVITY – \$140,716,479

Victims are more likely to be unemployed and rely on public assistance which lead to diminished earning potential.

FATALITY – \$7,879,002

Accounts for the victims' lost wages and healthcare costs.

*This report was created
in partnership with:*

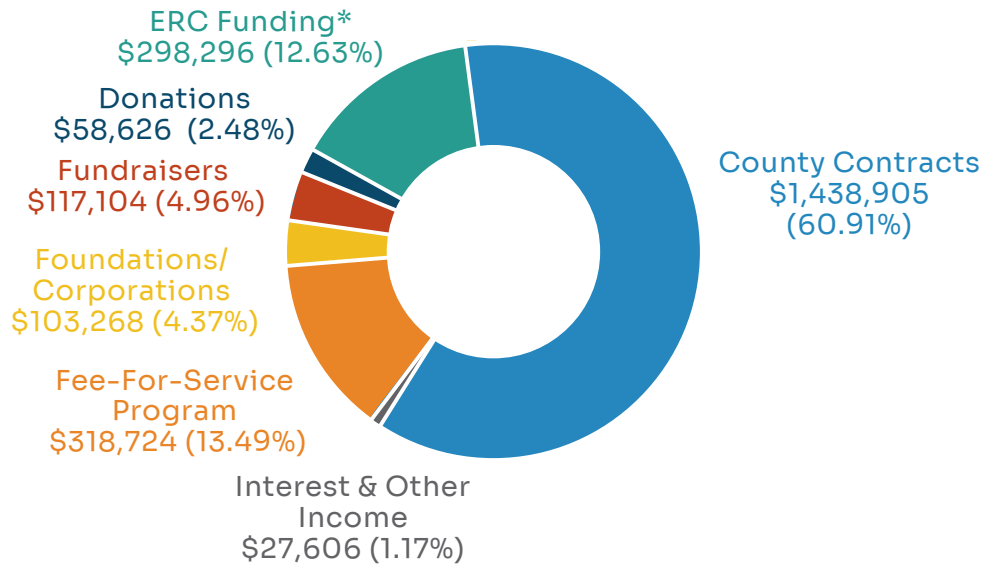


Strengthening
Families.
Ending Child
Abuse.



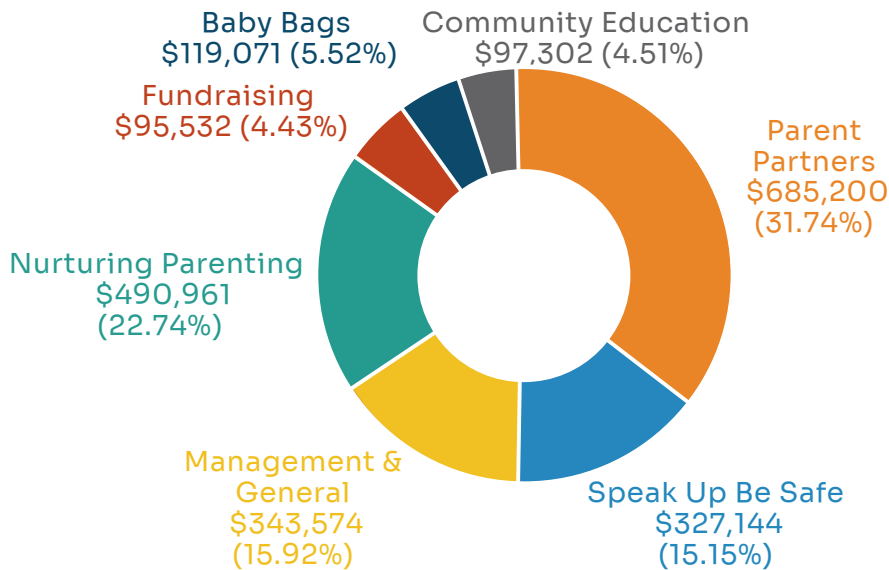
CAPC Financial Info

FUNDING SOURCES: \$2,362,529 (Unaudited)



* CAPC received an Employee Retention Credit (ERC) for the calendar year 2021.

PROGRAM EXPENSE: \$2,158,784 (Unaudited)




Program Annual Highlights

Fiscal Year Snapshot & Summary



8,855
Baby Bags
in English
and Spanish
distributed



49
Mandated Reporter
Trainings delivered to
1,954
individuals




11,733
students provided
with Speak Up Be
Safe lessons



Youth Partners
mentored
70
foster youth
preparing to
transition from
foster care




5
Community Education
Workshops offered
that reached
1,080
community members




19,413
Surviving
Parenthood
Resource Directories
distributed

\$12,718
of basic needs and supplies
delivered to at-risk families
through the Sue Fleischner
Special Needs Fund

\$ 64,628
all in the effort to
strengthen families
and prevent child abuse.



143
parents
served
through
Parent
Partner
Programs



265 parents
+
134 children
served through
Nurturing Parenting
Programs

You Can Help Keep Kids Safe



Surviving Parenthood
Resource Directory

Recognize Child Abuse:

- » **PHYSICAL ABUSE:** Bodily injury inflicted non-accidentally on a child; willful cruelty, unjustifiable punishment, or corporal punishment causing a mark.
- » **SEVERE NEGLECT:** Parent/caregiver negligently fails to protect child from severe malnutrition or medically diagnosed non-organic failure to thrive; and/or parent/caregiver willfully causes or permits the child's person or health to be placed in danger through not providing adequate food, clothing, shelter, or medical care.
- » **SEXUAL ABUSE:** Victimization of a child through sexual activities, including molestation, indecent exposure, fondling, rape, pornography, sexual stimulation and incest.
- » **EMOTIONAL ABUSE:** Willfully causing a child to suffer by attacking self-esteem, constant criticism, yelling, belittling, insulting, rejecting or withholding love and support.
- » **EXPLOITATION:** Forcing or coercing child into activities beyond child's capabilities or that are illegal or degrading; including sexual exploitation.

Break the Cycle:

- » Reach Out if **YOU** need support. Call a friend, hotline, or a prevention organization such as CAPC at **(925) 798-0546**.
- » Reach Out if **OTHERS** need support. Listen, offer to help with chores or childcare, or connect them with a local resource.
- » Reach Out to the **COMMUNITY**. Volunteer time at an organization. Donate. Learn about preventing child abuse & neglect. Wear the Blue Ribbon.
- » Reach Out & **REPORT**. Call 911 if there is immediate danger or call Contra Costa County Children & Family Services if you suspect child abuse at **(877) 881-1116**.

Ways To Donate:

- » Visit our website at <http://www.capc-coco.org/donate>
- » Send a check to **Child Abuse Prevention Council: 2120 Diamond Blvd, Ste. 120, Concord, CA 94520**
- » Look for us on **Venmo and PayPal**
- » **Workplace Giving (contact your employer)**
- » **Create a fundraiser for CAPC on Facebook**

CAPC PROGRAMS



Baby Bag Program



Sue Fleishner Special Needs Fund



Community Education & Mandated Reporter Training



Nurturing Parenting & Special Needs Programs



Surviving Parenthood Resource Directory



Speak Up Be Safe Program



Youth Partners Programs



Parent Partners Programs



venmo



Paypal

Success Stories

Nurturing Parent Program



“ I grew up with my parents and witnessed domestic violence. My father disciplined us with corporal punishment and my siblings and I were spanked more than once. When I had my oldest daughter, I did not allow her to share her feelings. I told her what she needed to do and that was it, I never spanked her but I used to threaten her with the belt. In my mind that was the right manner to discipline. I started to notice my daughter didn't listen and never shared her feelings. When my son was born, I noticed he wasn't developing the same as my other child and his behaviors were different. I felt worried, lonely and confused. NPP changed my life. My very first experience was “I am not the only mom facing challenges, I am not alone.” Learning other moms' experiences opened my eyes and gave me hope. I came back for NPP for Children with Special Needs. By then my son was diagnosed with Autism Spectrum Disorder (ASD). I learned to take care of myself, to listen to my children and respect their voice. I now feel empowered, I advocate for my children and I have found resources to provide for them the best care they can get. I broke a cycle of violence and I never threaten my children with the belt.

Being a parent is difficult and when you have a child with special needs it is important to have a support group. I found that in NPP. I am now a mother that is not afraid to ask for help, and I like to help others. I believe in validating feelings and providing the best for my children. I want to become a 'Leader Mom' by helping other parents to break cycles, linking parents to resources that will help raising strong children.”

- Mary, Nurturing Parent Program Attendee

Parent Partner Program

“ This parent's case initially seemed like a dead end, as a bypass decision was made indicating that reunification services would not be provided based on past history. Despite receiving discouraging feedback from her attorney, the parent refused to accept defeat. She proactively sought out every possible resource offered by the department, actively engaged in the process, and demonstrated her commitment. Recognizing her efforts, the court eventually granted her reunification services with her daughter.

Once given the opportunity for reunification with her daughter, this parent actively collaborated with the department by engaging with her social worker and parent partner. She nurtured a strong and professional bond with both individuals, opting for complete transparency by being candid and forthright in her communication.



Consistently demonstrating her commitment, she maintained regular communication, sought clarifications when necessary, and upheld punctuality for all appointments including random drug testing, counseling sessions, parenting classes, domestic violence classes, and weekly visits with her daughter. Going the extra mile, this parent surpassed the requirements for reunification, staying compliant throughout the entire process. Her driving force was the well-being and safety of her child, emphasizing that her actions were centered around her child's best interests rather than her own.”

-Dorothy, Parent Partner

Youth Partner Program



For the past three years, I have been working with A.C.; she was 15 years old when we started working together and she recently just turned 18 in June.



When I first started working with A.C., we spoke completely in Spanish because she is from Guatemala and did not know how to speak English. She had not been in school since the fourth grade, so she was struggling a lot to keep her grades up as a freshman in high school, while also learning to communicate with teachers and peers in English. A.C. was extremely soft spoken and shy; she did not like to ruffle feathers or cause waves, even if it meant she would be uncomfortable or unhappy. As a child, A.C. learned how to make herself small to make room for other people and “not be a burden.” Throughout these past three years of working with A.C., we have been able to change her mindset to be comfortable with speaking up when things are not right. The team found resources to help her get caught up in school, and she is now fluent in English. A.C. also managed to get her driver’s license and even has her own car; she is currently in a summer internship where she is learning professional qualities and how to handle her own money.

A.C. has significant trauma but despite the awful things that she was exposed to and had to endure at a very young age, she has always been so sweet, respectful, and trusting. About a year ago, she testified against her biological father in a criminal court case, which led to him permanently staying in prison. Before the trial, she was extremely nervous and unsure if she should testify, but I, along with her team and foster mom encouraged her to speak her truth and take her power back from this man. After the trial, she said she felt like a weight was lifted off her and she could finally breathe again, knowing this man cannot hurt her or anyone else again. She lost contact with her biological family, who live in Guatemala, because of the decision to testify, but A.C. was proud of herself for advocating and telling the truth to finally put this situation behind her. When I asked A.C. how she felt about not having a connection with her biological family anymore, she explained to me that the loss of the connection was not her decision, but she has come to realize that the love and support her foster mom and foster mom’s family has given her is insurmountable to what her biological family has ever given her. So, she is learning to accept that love and feel worthy of it.



A.C. is stable in her placement, where she has been for the past three years. Her foster mom is in the process of adopting. A.C. is an extraordinary youth who is a great example of someone’s past trauma not defining them or their future. I am grateful and proud to see A.C. progress in all aspects of her life and to be a part of the team that has stood by her and encouraged her along the way.”

**-Kayla Nelson,
Youth Partner**

Trainings/Events

During fiscal year 2023/2024, CAPC provided 5 Community Education Workshops/ Community Information Resource Events throughout Contra Costa County.

The resource events provide child abuse prevention, education and awareness to parents and community groups. The CAPC community events reached 1,080 community members .

Information and brochures were provided to the community on:

- » Positive parenting techniques
- » Child abuse prevention
- » CAPC services and programs
- » Behavior management
- » Building self-esteem
- » Internet safety
- » Teen resources
- » Bonding with your baby
- » 50 Facts of child abuse
- » Dealing with temper tantrums
- » Child safety
- » Finding quality child care
- » Shopping with children

The parenting resource information is made available to the community in both English and Spanish. CAPC distributed over 3,080 parenting brochures and resource materials.



ACAPC Luncheon

Thank You to our Auxiliary 2023-2024 Membership

| | |
|-------------------|---------------------|
| Megan Buckley | Jenn Nolen |
| Kristen Cobo | Moira Roberts |
| Elizabeth Ewing | Stephanie Russell |
| Molly Hanahan | Arran Schultz |
| Roshan Haugh | Heather Swedeen |
| Yeh-Won Hunt | Alexis Thompson |
| Haley Kirkpatrick | Betsy Toben |
| Rhoda Larner | Kelly Tuggle |
| Natalie Miles | Melanie Walterspiel |
| Blaire Morse | |



The 17th annual ACAPC luncheon/silent auction “CAPC Cabana” took place on Friday April 26, 2024 at the beautiful Roundhill Country Club in Alamo. The event was an enormous success, raising crucial unrestricted funds for the Child Abuse Prevention Council.

Special Thank You to our Generous Sponsors:



ALEXIS THOMPSON
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DENA FRADETTE +
JAMIE GRIFFITH

THE HUNT FAMILY



Thank you to everyone who attended and supported us! We will see you next year on Friday May 2nd, 2025 at Roundhill Country Club!



THE 17TH ANNUAL SILENT AUCTION & LUNCHEON
TO BENEFIT THE CHILD ABUSE PREVENTION COUNCIL
OF CONTRA COSTA COUNTY



FRIDAY, APRIL 26, 2024
ROUNDHILL COUNTRY CLUB, ALAMO
10.00am - 1:30pm



FOR MORE INFO OR TO
PURCHASE TICKETS, VISIT
CAPC-COCO.EJOINME.ORG/ACAPC2024



Thank You to Our Donors

INDIVIDUALS

| | | |
|------------------------------|-----------------------------|-------------------------|
| Teddy Alcazar | Vieira Ducey | Juanita A & David King |
| Heather Alexander | Rex Dunn & | Vershida Kirvin |
| Veronica Alfert | Nancy Zipkin-Dunn | Erica Kornblith |
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| Lisa Cline | Yeh-Won & Jonathan Hunt | Whitney Nelson |
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| Fabian & Diana Diaz | Kimberly Kemp | The Plies Family |
| Denece Dodson | Natalia Kermode | Lori Polsky |
| Meghan Ryan | Laila Kahn | |

INDIVIDUALS (cont.)

Melissa Rice
Erin Roth
Stephanie Russell
John & Jodelle Russi
Gale Schleimer
Kayla Schmelzer
Arran Schultz
DuncaI & Gail Seibert
Katherine & Herb Senti
Elise Shelley
Richard Smith
Tamara Somers
Vy Spoto
Megan Stepanek
Margaret Mary Stewart
Paige Stocker
Jody & Crissi Stowers
Heather Swedeen
Brooke Tankersley
Alexis Thompson
Betsy Toben
Michael & Ann Tomlin
Phillip & Carol Torres
Beshka Vukasin
Kelly Walden
Melanie Walterspiel
Elizabeth Ward
Alison Wegener
Sara Whitfield
John Whitmore
Jenny Wilhite
Dasja De Jongh-Yocis
Darleen Young
Leslie Yrueta
Alexandra Zamudio

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California Department of Public Health
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Contra Costa County Family & Children's Trust Fund
Contra Costa County Mental Health Services
Contra Costa Regional Health Foundation
Creating Healthier Communities
CSAA Insurance Group
Dean & Magaret Leshar Foundation
East Bay Community Foundation
In-N-Out Burger Foundation
Insurance Industry Charitable Foundation
Kaiser Foundation Health Plan
Kiwanis Club of Moraga
Lawrence Livermore National Laboratory
Medianews Group Inc. / Share the Spirit
Microsoft
Misto Lino
Office of Child Abuse Prevention
GBA - Innovative Partnership
Paypal
Phillips 66 Co.
Prevent Child Abuse California
Rite Aid Healthy Futures KidCents
San Ramon Valley Kiwanis Foundation
SEIU United Healthcare Workers West
Scrip
Sephora
Spight Foundation
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The Blackbaud Giving Fund, PG&E
The Capital Group
The Lowell Berry Foundation
Tips on Tots
United Way of the Bay Area
Westamerica Bank
YourCause, LLC, PG&E
YourCause, LLC, Chevron

Every effort has been taken to ensure proper spelling and inclusion in our lists. If an error or omission has occurred, we deeply apologize and ask that you contact us at 925.798.0546. Thank you.



CHILD ABUSE
PREVENTION
COUNCIL *of*
CONTRA COSTA COUNTY

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capc-coco.org

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